



BUNTS SANGHA'S

S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT STUDIES

HEALTH & HYGIENE RELATED ACTIVITIES 2020-21

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Event:

Brain Storming Fit India Activity

Date: 19/09/2020

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Notice (Whatsapp Message) Brain Boosting Quiz Competition -Fit India Movement

The NSS unit of Bunts Sangha's SM Shetty College On the occasion of fit India movement has organized a Quiz competition on 19th September 2020 (Saturday).

This consists of Brain boosting questions, puzzles etc. It will be conducted through google forms.

Those who score 60% and above will be awarded with e-certificates.

Link will Open at 9.00 A.M

Link will Close at 9.00 P.M

<https://forms.gle/mcnLb7SV4z5Zkr1K7>

Fit is not a destination it is a way of life. Action is the foundational key to all success.

The clock is ticking. Are you becoming the person you want to be?

Well done is better than well said.

Our social media links :-

Instagram: https://instagram.com/shettyNSSunit_b46?igshid=7wc5i7xus1x4

Facebook: <https://www.facebook.com/smshettyNSS/>

YouTube: https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q

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BRAIN BOOSTER- FIT INDIA MOVEMENT

1. Nutrients from the soil that are found in foods? * 1 point

- ☐ minerals
- ☐ vitamins
- ☐ vegetables

2. What are the 5 elements (Pancha Bhutas) in Yoga? * 1 point

- ☐ (Earth , water , fire, air, Akash)
- ☐ (Earth, oxygen , water,air, fire)
- ☐ (Earth , fire, vayu, oxygen, water)

3. Substances found in food that help your body grow and develop? * 1 point

- ☐ Protein
- ☐ Fiber
- ☐ Nutrients

4. Who is believed to be the father of yoga? * 1 point

- ☐ Krishnamacharya
- ☐ Gautam Buddha
- ☐ Maharshi Patanjali
- ☐ Adi Shankaracharya

5. Which of these is NOT one of the 8 limbs of Yoga? * 1 point

- ☐ niyama
- ☐ samadhi
- ☐ pranayama
- ☐ samyama

6. Your skin, nails, hair, muscles, internal organs, and even your brain contain no protein? * 1 point

- ☐ True
- ☐ False




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NAAC ACCREDITED 'A' GRADE
ISO 9001:2015 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

7. Physical health is... * 1 point

- ☐ How fit you are and how healthy your body is.
- ☐ The pH in your body which ties into your emotions.
- ☐ How focused you are on other people's bodies.
- ☐ None of the above.

8. It takes _____ to keep your mind alert. * 1 point

- ☐ Energy
- ☐ protein
- ☐ carbon dioxide

9. Your immune system produces chemicals called _____ specifically to fight a particular invading substance. * 1 point

- ☐ Antibodies
- ☐ T-cells
- ☐ Blood cells

Criterion 3 - Research, Innovations and Extension




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13. Nutrients are substances found in food that help your body grow and develop? *

1 point

- ☐ True
- ☐ False

16. What is the average weight of the adult human brain? *

1 point

- ☐ 1.3kg
- ☐ 1.5kg
- ☐ 1.4kg
- ☐ 1kg

14. _____ is the ability to do work. *

1 point

- ☐ Energy
- ☐ Digestive system
- ☐ Digestive juices

17. A man has 53 socks in his drawer: 21 identical blue, 15 identical black, and 17 identical red. The lights are fused and he is completely in the dark. How many socks must he take out to make 100 percent certain he has a pair of black socks? *

1 point

- ☐ 15 socks
- ☐ 53 socks
- ☐ 40 socks
- ☐ 25 socks

15. Add 1000 to 40, Add 1000 again then add 30, add 1000 again then add 20, add a further 1000, then add 10. What is the answer? *

1 point

- ☐ 5000
- ☐ 4000
- ☐ 4100
- ☐ 4800

18. A bag of potatoes weighs 50 lbs divided by half of its weight. How much does the bag of potatoes weigh? *

1 point

- ☐ 25lb
- ☐ 15lb
- ☐ 20lb
- ☐ 10lb




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19. A train moving at 49 mph meets and is passed by a train moving at 63 mph. A passenger in the first train noted that the second train took AS seconds to pass him. How long is the second train *

1 point

- ☐ 740.46 ft
- ☐ 700 ft
- ☐ 720.52 ft
- ☐ 810. 20 ft

20. What English word has three consecutive double letters? *

1 point

Your answer

Back

Submit



NSS Programme Officer



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Participation List–Brain Boosting Quiz Competition - Fit India Movement

1. Yadav Nilesh Kumar Ram pati	Smt. K. G. Mittal college of arts and commerce
2. Khushbu Bhandari	Sm shetty
3. Kaushal Singh	SPDT College
4. Anandhu Suresh	SIES college of arts commerce and science
5. Megha Hanmant More	K.G. Joshi bedekar college Thane
6. Arsalan Khan	S.M Shetty College
7. Amisha pardeshi	S M Shetty High School & Jr clg
8. Megha hanmant more	K.G.Joshi bedekar collage thane
9. Aarti Thakur	Sm shetty
10. Komal Patodia	Narsee Monjee College of Commerce and Economics
11. Priyanka Manoj Thorat	VPM's Joshi-Bedekar college
12. Taronish Vapiwala	Narsee Monjee College of Commerce and Economics
13. DEEPAK BRIJESH YADAV	Nagindas Khandwala College
14. smruti bhalerao	s m shetty
15. Asha keshav chauhan	Sm shetty
16. Vaishnavi Sanjay Malvankar	Joshi Bedekar college
17. Chaitra Khodke	Narsee Monjee College of Commerce and Economics
18. Shreyas Muddu Shetty	s.m.shetty
19. SNEHAL SUNIL SHEDGE	ICL COLLEGE VASHI
20. Ayush Shambhunath Gupta	Bunts Sangha's SM Shetty College
21. Rohanbahadur singh	S.M shetty college
22. Aarya Kaur SINGH	Bunt's Sangha S M SHETTY college
23. Shweta Vishnu shinde	Jvm degree college
24. Hania Shaikh	Lords universal college of law
25. Roshini Suyambu	Bunts S M shetty
26. Anushka Vinayak Shitole	Joshi Bedekar College
27. Ami Shah	N.M.College
28. Shivkumar shah	Mittal college
29. Siddhesh	Sm sheety
30. Kirti Sharma	Narsee monjee college of commerce and economics
31. Radhika Poyyara	SM SHETTY COLLEGE
32. Paridhi Agrawal	Narsee monjee college of commerce and economics
33. Diya thakkar	Sm shetty college
34. Vijaylaxmi kahar	Valia CL college of commerce
35. shubh shah	nagindas khandwala




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36. Sumit jain	S.m. shetty college
37. Nafisa Riyaz Ansari	Valia C.L. College of Commerce
38. Diksha Kamble	Valia C L college of commerce
39. Himanshu yadav	Sm shetty
40. shubh shah	nagindas khandwala
41. Shaikh Atik Ahmed	Bunt's sangh SM Shetty collage of science commerce and management
42. Dharendra Singh	Bunts Sangha SM Shetty College
43. Shweta Kanojia	S.M Shetty college of science commerce and management studies
44. Shrinidhi Bhat	S.M.SHETTY COLLEGE
45. Shaan Maben	S M SHETTY COLLEGE, Powai
46. Manisha shetty	S m shetty degree College
47. Nauseen Shaikh	YSKV
48. Sandeep shah	S.M shetty clg
49. Raj	SM Shetty
50. Madhavi Singh	S.M.Shetty College Powai.
51. Hetvi Panchal	S.M.Shetty College, Powai
52. Anurag Tiwari	S. M Shetty
53. Megha Pujari	Bunts Sangha's S M Shetty College , Powai
54. Nishma Shetty	S. M. Shetty College, Powai.
55. Saikiran Eligeti	S.M. shetty jr. college powai
56. Nidhi Mahendra Shetty	S M Shetty College, Powai.
57. Priyal Gala	The B S G D junior College of commerce arts and science.
58. Jatin Dudani	Bunts Sangha S.M. SHETTY College
59. Pritha Kohli	Narsee Monjee College Of Commerce And Economics
60. SNEHA TRIPATHI	sm.shetty college
61. Hariom Ramkishan Gautam	ICL'ES Motilal Jhunhunwala college, vashi.
62. Laxman Karthik. N. Konar	SM SHETTY CLG
63. Karkera Varun Kumar	Sm shetty college
64. Yeshaswy bhatt	Sm shetty powai
65. Nidhi	Nmims
66. Harshada Patel	S M SHETTY
67. Nandini Mahapatra	S.M Shetty College,Powai
68. ROSHANI CHAUHAN	Sm Shetty
69. Krupali mota	Valia cl college



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70. Vardha Prakash Nalawade	Bunts Sangha's Sm Shetty Degree College, Powai
71. Varsha jain	Sm shetty college school
72. Saikumar Kamari	SPDT College
73. Sanika Shripad Rane	S M Shetty college
74. Meet Thakker	NM
75. Nehal Satre	Sm Shetty College
76. Malay Vashi	Narsee Monjee College of Commerce and Economics
77. Priyanka poojari	Bunt Sangha's SM shetty college of science commerce and management studies, powai.
78. Siddhant Vasant Ganvir	ICLES' Motilal Jhunjhunwala College
79. Anjali Maurya	Valia CL college of commerce.
80. Rajbhar Nikita Udayraj	SPDT College
81. Naidu Deepa Ravishankar	Smt.K.G.Mittal College
82. Archana Gautam	Valia CL College of Commerce
83. Riya bhanushali	Prahladrai Dalmia lions college of commerce and economics
84. Sushmita poojari	Nava samaj mandal degree college
85. Ujwal Palan	Bunt's Sangha's S.M Shetty College of Science, Arts, Commerce
86. Sonali Sunil Ghadi	SMT .K.G.Mittal College of Arts andCommerce Malad (West)Mumbai
87. Aditya Tiwari	Bunts Sangha's sm Shetty college
88. Sah Saurabh Pramod	Valia C.L. College of Commerce
89. Vighnesh Santosh	ICL'S Motilal Jhunjhunwala College,Vashi
90. URVASHI JAISWAL	S M SHETTY
91. Dakshita Jaiswal	SM Shetty
92. Priya yadav	SM Shetty
93. Sakshi.Shekhar.Poojary	Bunts Sangha S.M Shetty College powai
94. Kharatmol Anushka Dayanand	Valia C.L College of Commerce
95. अक्षय किसन मिस्कुळ	Jvms mehta collage ,airoli
96. chaudharytohid	S. M. Shetty High School, Powai
97. Dinash	Ra col
98. Karajgi Fatima Abdul Rajak	Bunt's Sanghas S.M shetty
99. Farhan Aajaz Nagpurwala	SMT.KG.MITTAL College
100. Aaryan Ajit	S M Shetty college , powai
101. DIVYA VIGNESHWARAN PILLAI	PILLAI COLLEGE OF ARTS, COMMERCE & SCIENCE (AUTONOMOUS), NEW PANVEL.
102. Amrit Kaur Rashi	SM Shetty College, Powai.



Rashi
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104.	Mohamed Danish Antule	S M Shetty College of Science Commerce and Management Studies
105.	Shital Singh	SM Shetty College
106.	Sonu begera	ICLES motilal jhunjhunwa college, vashi
107.	Gaurav Dhuri	Nava Samaj Mandal degree college
108.	Mr. Nitin Narayan Poojary	V.E.S College of Arts Science and Commerce
109.	Saikumar kamari	Spdt college
110.	Aman Surana	S. M. Shetty College
111.	Tanvi Rane	K.G.Mittal college
112.	YADAV SURAKSHA RAVINDRA	PRAHLADRAI DALMIA COLLEGE OF COMMERCE AND ECONOMICS
113.	Shaisha Bhatt	Narsee Monjee College
114.	Nupur sonar	S.M Shetty college
115.	FATIMA ABDUL RAJAK KARAJGI	Bunts Sanghas S.M shetty
116.	Pooja pandurang chavan	Vpm joshi bedekar college thane
117.	Siddiqui firoz mohammed maqsud	S.M sheety
118.	Anubhav Dubey	Sm Shetty degree college
119.	Sara mulla	Sm shetty
120.	Raut Pooja Harishchandra	SMT. K. G. MITTAL COLLEGE OF ARTS AND COMMERCE
121.	PALAK RAJENDRA PATEL	Nagindas Khandwala College
122.	Dhiraj moolya	Sm shetty college
123.	Nidhi yadav	S.M shetty college
124.	Kunal Dhariwal	Valia C.L College
125.	Sahil Ubhare	Sm shetty
126.	Rathva Mehul Bhai Jagdish bhai	Shri.m.c.rathava arts college Pavi jetpur
127.	Yashwini Gowda	Nava Samaj Mandal Degree College
128.	Chavan pooja	Vpm joshi bedekar college thane
129.	VidhyaShree Ramu kawalkar	C.L Valia college of commerce
130.	Pooja Ramkishun Nirmal	SPDT College
131.	PARTH BHARATBHAI LAKHANI	NARSEE MONJEE COLLEGE
132.	Daljit kaur kaller	Valia C.L. college of commerce



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134.	Bhavna prajapati	Smshettycollege
135.	Vighnesh Jadhav	S.M.Shetty, Powai
136.	Bhavika Amal	Nagindas khandwala college
137.	Sagar mahadev londhe	ICL'S Motilal jhunjhunwala college
138.	VRUSHALI KOLTE	S M Shetty College
139.	Niyati	Valia c l college
140.	Deepthi Shetty	Vk krishna Menon college
141.	Kunal Dhariwal	Valia C.L College of Commerce
142.	Aadika Devade	Valia C.L. College of Commerce
143.	Shaikh muskan md faruq	Valia C.L college
144.	AYUSH KUMAR	SM SHETTY COLLEGE
145.	Mohd maaz	Valia C.L. Collage of commerce
146.	Rishikesh Gupta	Valia C.L College of Commerce
147.	Shubhanshu Tiwari	Prahladrai Dalmia Lions College
148.	Singh Riya Harikesh	Smt. K. G. Mittal college of commerce and arts
149.	Sanjay. Bhaulal Wagh	BCT.Law College Panvel
150.	Divya sawant	ICL motilal jhunjhunwala college
151.	Chougale Aksha Gafar	Nagindas khandwala College
152.	Sushil Anilkumar Dubey	Ramrao Adik Institute of Technology
153.	Aishwarya Jangam	Valia C.L. College of commerce Andheri (West)
154.	Vaishnavi sanjay wagh	Joshi bedekar college thane
155.	Karishma Gomes	Cosmopolitan valia college
156.	Esha Rajbhar	Valia CL college of Commerce
157.	Shivagya	Narsee Monjee
158.	Chirag Ghanekar	Valia C.L COLLEGE OF COMMERCE
159.	Nidhi Surti	S M Shetty
160.	SUMITRA KHARVI	S.P.D.T.COLLEGE
161.	Dheeraj Dhuria	Valia college of commerce
162.	Singh Ajay Nandkumar	Bunt's Sangha's S.M. Shetty College, Powai.
163.	Ashwini Bhone	Valia c.l college of commerce
164.	Ashwini Vijay Ghanekar	Nava samaj mandal degree college
165.	Aditi Rai	Nagindas Khandwala College
166.	Tanmay patil	valia college
167.	Kethy Elizabeth Gomes	Cosmopolitan valia college
168.	Mufeeda Fansofkar	ICLES MOTILAL JHUNJHUNWALA COLLEGE



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171.	Ganesh Mallappa pujari	Valia collt
172.	Chandan Kumar	C.L valia college of commerce
173.	Neha khan	Sm shetty
174.	Shivani	Sathaye
175.	Neha gouda	Sm shetty powai
176.	Ashish Anant Manve	Cosmopolitan valia college
177.	Hetvee Shah	Narsee Monjee college of Commerce and Economics
178.	Anita Prajapati	NSM college
179.	Samina khan	Valia collage
180.	Pooja sharma	Valia c. L college of commerce
181.	Sameer Shaikh	S.M.SHETTY
182.	Devika Patel	Nagindaas Khandwala College
183.	Himanshi Sarkaniya	Nava samaj Mandal degree college
184.	Neha Dubey	Naginadas khandwala clg
185.	Hitesh Suvarna	S.p.d.t college
186.	Priyadarshani jena	SM shetty college
187.	Musshrraf shaikh	C.l valia college of commerce
188.	Lekha Nair	Valia College
189.	Anjali Kashyap	Valia college
190.	Rajesh gaddam	Nava samaj mandal degree College
191.	Priti Renu Sharma	Sm shetty college
192.	Manali Rajeshirke	Bunts sangha's S M Shetty College, Powai
193.	Rutuja More	Cosmopolitans valuable c. L. College
194.	Anshika vishwakarma	Sm shetty college
195.	Vaishali jaiswal	Sies college of Arts Commerce And Science(Autonomous)sion(w)
196.	Nilofar shaikh	Valia C.Lcollege
197.	Sonu mahto	Sm shetty collage
198.	BASIL ELDHO	BUNTS SANGHA S M SHETTY COLLEGE OF ARTS, SCIENCE AND COMMERCE
199.	Prajapati Anjali	SM shetty
200.	Anuska panja	Sm shetty
201.	Shubham Ankush Indap	Valia College of Commerce & Arts
202.	SEEMA GUPTA	VALIA C L COLLEGE
203.	Anjali Shenoy	Nagindas khandwala college



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205.	Saroj ManishKumar	
	Radheshyam	S.M Shetty College
206.	Shoyab Haider Nadaf	S.M SHETTY
207.	Minakshi mangesh jadhav	Valia CL College of commerce
208.	Muskaan Shaikh	Valia College of Commerce
209.	JAIN SUJITHKUMAR	
	MAHAVEER SUJAYA	V K KRISHNA MENON COLLEGE
210.	Amad Ali Idrisi	S.P.D.T. College
211.	Ettuparayil Janet Joe	SPDT college
212.	Vinay Yogesh Solanki	Valia college of commerce and arts
213.	Roma Rajbhar	SM Shetty College
214.	yadav sushumdevi	Vaila clg c.l commerce
215.	Meenakshi Kunnutgi	S m Shetty College Powai
216.	Soham	NM College of Commerce and Economics
217.	KRISHNA khatri	S.m shetty College
218.	Pratik More	Nava samaj mandal degree College
219.	Akash wagh	Valia C.L.college of commerce
220.	Shruti Gawande	V K Krishna Menon college
221.	Neha Pawan Agarwal	JVM's Mehta Degree College, Airoli
222.	Anjali sureshkumar	
	kanoujiya	valia cl college
223.	Shivam sanjay upadhyay	Sm Shetty college
224.	Lavina	Valia
225.	Ismatara Ajimuddin	
	Ansari	V. K Krishna Menon College
226.	Ramkumar Arumugam	
	Valluvar	SIES College of Arts, Science and Commerce
		Sies college of arts, science and commerce
227.	Ashwin Iyer	(autonomous)
		SIES COLLEGE OF ARTS, SCIENCE AND
228.	Chetan Siddharth Yelve	COMMERCE (Autonomous), Sion(W)
229.	Ramkumar Arumugam	
	Valluvar	SIES College of Arts, Science and Commerce
230.	Jitin	SM Shetty
231.	Vinit	SM Shetty Jr College
232.	Pradnya warkari	Valia college
233.	Taiba Shaikh	SM Shetty College
234.	Pimpalkar Pratik Deepak	Valia C.L. College Of Commerce



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236.	Khan awaiz hussain alam	SM SHETTY HIGH SCHOOL AND JR COLLEGE
237.	Sami Vora	Nagindas Khandwala
238.	Namrata kishor Khade	Valia C. L college of Commerce
239.	Tejas	Valia college
240.	Divya Racharla	S.M Shetty college
241.	Swati Govind Bhandi	V.k.krishna menon college Bhandup
242.	Anurag Gupta	SM Shetty College
243.	Khan Shoaib Noor Alam	Sm Shetty college
244.	Pavitra saravanan	ICL M.J COLLAGE VASHI
245.	Neha vishwakarma	SM Shetty
246.	Shreyansi deolia	Narsee Monjee College of Commerce and Economics
247.	Vidya Ghadge	I.C.L MJ college vashi
248.	Farhan Khan	S.M Shetty College
249.	Ujjwal Singh	Sm shetty college
250.	Sonali rajbhar	S m shetty college
		BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES.
251.	Mayuresh Anant Patil	
252.	Vidya Rajesh Ghadge	ICL MJ COLLEGE VASHI
253.	Chandan chaurasia	S m shetty college
254.	Rishika Binani	NM
		BUNTS SANGHAS SM SHETTY DEGREE COLLEGE
255.	Lisa dsouza	
256.	Sonali Rajbhar	S m shetty college
257.	Durafsha Shaikh	Sm shetty college
258.	Samay	Sm Shetty
259.	Ishika Hindocha	Narsee monjee college of commerce and economics
260.	Sakshi Hitesh Desai	Nagindas Khandwala college
261.	Jayesh Pushkarraj	
	Kumath	Nava samaj mandal degree college
262.	vighnesh Vaidya	nava Samaj Mandal Degree College
263.	Ridhesh Shirodkar	S M Shetty
264.	RENUKA TOKAPUR	Valia C.L College
265.	Bisht Hitendar Laxman	
	Singh	Bunts Sangha's S.M Shetty College
266.	Sneha Sunil Nikam	Model College
267.	Nelson Dias	Viva College



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STUDIES, POWAI.

268.	AYUSHI PODDAR	Nagindas Khandwala College
269.	Shaikh Mushira Rehmatullah	Valia college Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
270.	Harsh Padelkar	Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
271.	Sakshi Deodhar	S M Shetty College of Science Commerce and Management Studies
272.	Shirley Paul Kolamkannie	S.M SHETTY College of science commerce and management studies
273.	SURAJ SUDEEP AROLKAR	SM SHETTY COLLEGE OF SCIENCE COMMERCE AND MANAGEMENT STUDIES
274.	Priyanka Shettigar	BUNTS SANGHA'S S M SHETTY EDUCATIONAL INTITUTIONS, POWAI
275.	VANDANA KANOJIYA	SM Shetty
276.	Akash Kotian	VPM K.G Joshi College Of Arts and N.G Bedekar College Of Commerce, Thane
277.	Shubhangi Tanaji Kachare	BUNTS SANGHA'S S M SHETTY EDUCATIONAL INTITUTIONS, POWAI
278.	VANDANA KANOJIYA	S.m Shetty college
279.	Sakshi Shetty	V. K Krishna Menon College
280.	Ismatara Ansari	SM SHETTY COLLEGE
281.	Ashwini Yogesh Acharya	Sm shetty,powai
282.	Pavitra Shetty	Sm shetty
283.	Sowmya keshav rao	Smt. K.G. Mitral College of Arts & Commerce
284.	Hiral Goswami	thakur college
285.	shubham upadhyay	Sk.somaiya degree college of art, science and commerce.
286.	Manisha Radheshyam Sahani	Sm shetty college
287.	Jyoti Upadhyay	K.G. Joshi college Thane
288.	Jagruti shantaram khairnar	Shri Ram college of Commerce and science Bhandup (W)Mumbai 400078
289.	Nitu Radheshyam Sahani	Shri Ram College Of Commerce And Science Bhandup (W) Mumbai-400078
290.	Pratibha Radheshyam Sahani	Nagindas Khandwala college
291.	Zalak Pinakin Jogi	Sk. Somaiya degree college of art, science and commerce.
292.	Manisha Radheshyam Sahani	Sies college of arts science and commerce Autonomous
293.	Anisha Chandran	Bhavan's H.S college ,chowpatty
294.	Tiwari shivam Ramnarayan	



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295.	Sundar Gajengi	S.I.E.S College of Arts , Science & Commerce (Autonomous) , Sion (W)
296.	Jeniflora Mathews	Sies College of Arts, Science and Commerce (Autonomous), Sion (west).
297.	Bhakti Wadke	Prahladrai Dalmia College
298.	Aleena Shaikh	Bhavans College
299.	Rahul Veshvikar	VPM'S K G JOSHI COLLEGE OF ARTS & N G BEDEKAR COLLEGE OF COMMERCE, THANE SIES College of Arts,Science and Commerce (Autonomous)
300.	Tejasvi Parab	Nagindas Khandwala
301.	Vaishnavi Bovlekar	S.m.shetty
302.	Rishika Shetty	Department of Urdu University of Kashmir srinagar
303.	Junaid Ahmad Dar	S m shetty college
304.	Kunal Das	Ramrao Adik Institute Of Technology
305.	Sakshi Ganesh Pingle	SMT KG MITTAL COLLEGE ARTS AND COMMERCE
306.	PRADEEP AVADESH	
	MALI	
307.	Karishma vairamani	Valia C. L college of commerce
	kounder	
308.	POOJA GUPTA	S M SHETTY COLLEGE Sies College of Arts, Science & Commerce (Autonomous), Sion (West)
309.	Harshata Wadkar	Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
310.	Vishnu Gopinathan	
311.	Upadhyay Dhruv	Nagindas khandwala college
	Mukeshbhai	
312.	Jitendra Rtw	M.c rathva arts college pavijatpur Bunt Sangha's S. M. Shetty College of Science Commerce and Management Studies
313.	Riya Arvind Singh	SM Shetty
314.	Elden Gomes	Sm shetty
315.	Jayshree Nair	Malini Kishore Sanghvi College of Commerce and Economics
316.	Yashika Aggarwal	Guru Nanak Khalsa College
317.	Ajraeen shaikh	Smt. K. G. Mittal College
318.	Abhay Singh	Spdt college
319.	Anchal yadav	G.N.Khalsa College
320.	Pranav Alwe	S.M.Shetty
321.	Sushant Shetty	
322.	Marla Dharni	Guru Nanak khalsa college
	rajeshwarrao	



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323.	Priya kumari	Mulund college of commerce
324.	Priya kumari	Mulund college of commerce
325.	Nitin R Murpani	R K TALREJA COLLEGE Guru Nanak Khalsa College of Arts Science and Commerce
326.	Arya Jadhav	(Autonomous) Matunga-19
327.	Ninad Sejal Shah	Bunts Sangha S.M Shetty
328.	Akash Rabindranath Samanta	Guru Nanak Khalsa College of Arts Science and Commerce
329.	Zoysa Savio Correa	Smt. K.G. Mittal College of Arts & Commerce
330.	RATHVA SATILABEN PRABHUBHAI	PATEL GROUP OF INSTITUTIONS MEHSANA
331.	Mayuri Satish Jadhav	Gurunanak Khalsa college
332.	Rathi Prabhubhai	SHREE M C RATHAWA COLLEGE Guru Nanak Khalsa College of Arts Science and Commerce
333.	Akash Samanta	
334.	ASHUTOSH RAI	SIES COLLEGE (AUTONOMOUS),SION (W)
335.	Sadhana Sharma	Guru Nanak Khalsa College
336.	Radhika jayesh manjrekar	S m shetty
337.	Aditya Jogdand	S.M shetty
338.	Alroy Mendonsa	S.M. Shetty
339.	Abhijeet Digambar Patil	S.M.Shetty
340.	Archana Yadav	Smt.k.g.mittal college of arts and commerce
341.	Hritik sarvade	K.g mittal college
342.	Mahadik dhiraj	Bunts sunghas sm shetty
343.	Mikail Shaikh	Sm shetty degree college
344.	Nidhi Shetty	SM Shetty
345.	Pranjal Rai	SIES COLLEGE OF ASCS
346.	Chirag shetty	S M Shetty College, Powai
347.	MANOJ KHILARI	Guru nanak khalsa college
348.	Matish Bangera	St.Francis Institution of Technology Bunt Sangha's SM Shetty High School and Jr College and Management Studies
349.	Shan Mondal	
350.	APARNA KAMBLI	Bhavna Trust College of Commerce and Science
351.	Shakti Shukla	Guru Nanak khalsa college
352.	Guransh	SM Shetty
353.	Vikash Mishra	Sm shetty degree college
354.	Alroy Francis Mendonsa	S.M. Shetty



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**BUNTS SANGHA'S
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STUDIES, POWAI.**

Report -Brain Boostin2 Quiz Competition - Fit India Movement

Event: Brain Boosting Quiz Competition - Fit India Movement.

Date: 19th September, 2020

Highlight: The NSS Unit of Bunts Sangha's SM Shetty College has organised a Quiz competition on 19th September 2020 on the occasion of Fit India Movement Total 356.

Volunteers participated in the competition. Participants Scoring 60% and above were provided with the Certificates.



NSS Programme officer




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Vijay Krishnaswami
NSS Programme officer

John Pereira
NSS Programme Officer

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BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

Event:

**National level webinar on-sensitization and
awareness on covid-19**

Date: 06/06/2020

**BUNTS SANGHA'S
S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT
STUDIES, POWAI.**

**Poster -National Level Webinar on "Sensitisation and Awareness of Covid-19 Among
Students and Faculty: Handling Post Lock Down Challenges"**

Bunts Sangha's
**S.M.Shetty College of Science, Commerce and
Management Studies, Powai. Mumbai - 76**
(Affiliated to University of Mumbai)

IMC RBNQ CERTIFICATE OF MERIT 2019
NSS UNIT
In Collaboration with

**National Institute of Public Health Training
and Research, Govt. of Maharashtra**
and
Women Against Cyber Abuse Foundation

ORGANIZES A NATIONAL LEVEL WEBINAR ON
**"SENSITISATION AND AWARENESS OF COVID-19 AMONG STUDENTS
AND FACULTY: HANDLING POST LOCK DOWN CHALLENGES"**

6th June, 2020 **2:00 pm to 3:30 pm**
Registration Fees: **FREE** **(Zoom Webinar)**

Registration Link:
<https://forms.gle/txc3Np4LKkoZ9J6A6>

E-certificates Will Be Given
For Queries Email us at:
johnm@smshettyinstitute.org

**HOME
SAFE**



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**BUNTS SANGHA'S
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**Notice -National Level Webinar on" Sensitisation and Awareness of Covid-19 Among
Students and Faculty: Handling Post Lock Down Challenges"**

Dear All,

Greetings for the day!

NSS Unit of

Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai,

In Collaboration with National Institute of Public Health Training & Research ,Government of Maharashtra, and

Women Against Cyber Abuse Foundation is organizing a National Level Webinar on-

“SENSITISATION AND AWARENESS OF COVID-19 AMONG STUDENTS AND FACULTY: HANDLING POST LOCK DOWN CHALLENGES"

For: Faculty & Students

Resource Persons:

Dr Deepak.Raut Director NIPHTR

Dr Suparna Khara CMO(SAG)

Ms Rosy Joseph(PHNO)

Event Details:

Date : 6th June, 2020

Time : 2:00 pm to 3:30 pm (Zoom Webinar).

Registration Link:

<https://forms.gle/txc3Np4LKkoZ9J6A6>

After registration join the whatsapp group for updates:-

Registration Fees: FREE

Mr. Vijay Vishwakarma

NSS Programme Officer

Mr.John Menezes




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NSS Programme officer

Member Teachers

Mr Ashish Navik

Mrs Rohini Shetty

In case of any queries kindly E-Mail us at : johnm@smshettyinstitute.org

Links for whatsapp groups: (Kindly Join only one group after successful registration)

Whats App Group 1: <https://chat.whatsapp.com/CFqvKsTKbJUC7N6YRmEAWr>

Whats App Group 2: <https://chat.whatsapp.com/KWWtjpFyEzjC6QLDVS0ID6>

WhatsApp Group 3: <https://chat.whatsapp.com/HttWMq6JyUSEpu3CwclmNV>

Whats App Group 4: <https://chat.whatsapp.com/GJMC2rGG3POA5vD3suiIfT>

WhatsApp Group 5: <https://chat.whatsapp.com/JmdasWNG6wLBqiZXoHLUSG>

If any of the link does not open, kindly copy paste it in your web browser

Kindly Note:

1) Kindly install Zoom software on laptop/desktop or Zoom app on Mobile through Playstore/App store

2) E-Certificates shall be issued to all the registered participants, who attend the webinar and fill the feedback form!




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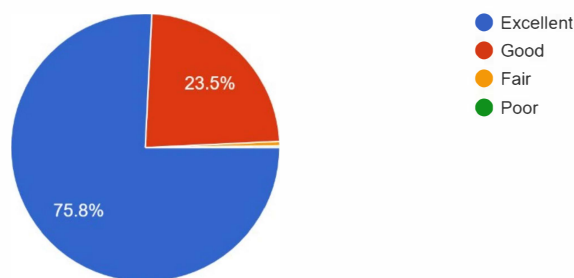
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Feedback Analysis

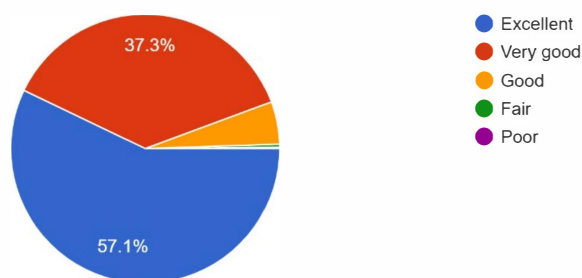
How do you rate the theme of the webinar?

1,350 responses



How did you find the content of the session?

1,350 responses



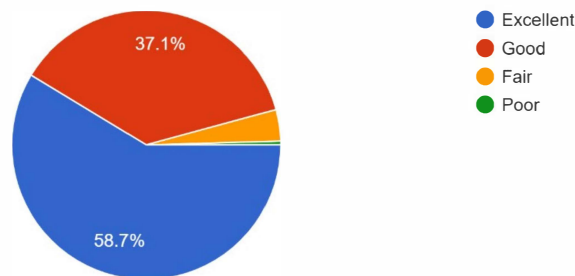
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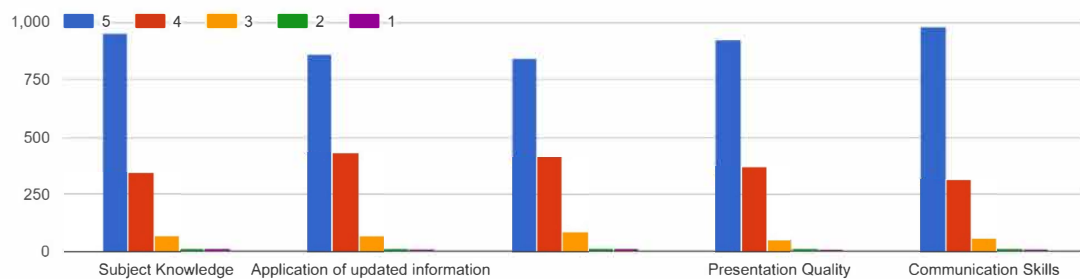
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STUDIES, POWAI.**

How do you rate time management in the webinar?

1,350 responses



Please rate our resource person Dr Suparna Khera, Ms Rosy Joseph and Ms Vibha Singh (1- LOWEST , 5- HIGHEST)



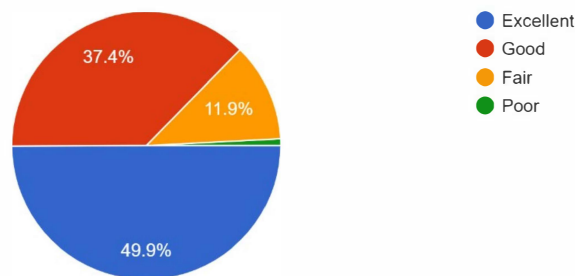
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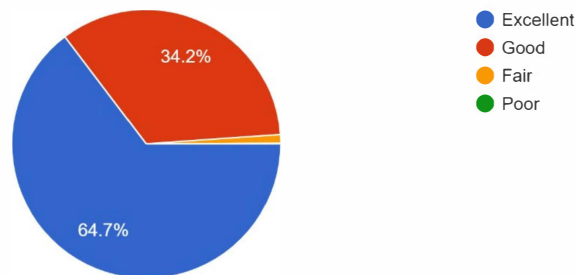
Please rate your overall knowledge level about the topics covered BEFORE ATTENDING the session.

1,350 responses



Please rate your overall knowledge level about the topics covered AFTER ATTENDING the session.

1,350 responses



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**BUNTS SANGHA'S
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STUDIES, POWAI.**

**Report -National Level Webinar on "Sensitisation and Awareness of Covid-19 Among
Students and Faculty: Handling Post Lock Down Challenges"**

Date: 6th June, 2020.

Objective: To spread awareness among students and faculty regarding Covid-19 and handling post lockdown challenges.

Highlight: The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai, in Partnership with National Institute of Public Health Training & Research, Government of India Under Ministry of Health and Family Welfare (MOHFW), and Women Against Cyber Abuse Foundation organised a National Level Webinar on "SENSITISATION AND AWARENESS OF COVID-19 AMONG STUDENTS AND FACULTY: HANDLING POST LOCK DOWN CHALLENGES" for Faculties and Students on 6th June, 2020 at 2.00 p.m. to 3.30 p.m. (Zoom Webinar)

The webinar witnessed a huge participation of over 1,200 students and faculties representing almost 29 states and union territories including Maharashtra. They were accommodated on Zoom as well as on YouTube Live. (<https://youtu.be/xqpxy3bsJfE>)

Our Resource Persons for the session were

- ☐ Dr Suparna Khera CMO (Senior Administrative Grade) NIPHTR
- ☐ Ms Rosy Joseph (Public Health Nursing Officer) NIPHTR
- ☐ MS. Vibha Singh (Master Trainer) & Director WACA

The Topics that were highlighted were:

1. Epidemiological features of Covid 19
2. Prevention of COVID 19 :Safe practices at home
3. Creating safe work environments for students and faculty
4. Behavioral practices of students in Managing stress stigma and discrimination

Also a testimonial video of Mr. Gaurav Sharma, our alumni and currently a Ground Level News Reporter who had contracted COVID while serving the patients, his quarantine experience and his successful recovery was shown.

The Question Answer Session was very lively with our Resource Persons giving insightful views to the questions and queries raised by the participants

The Event was spearheaded and proficiently handled by NSS Programme officers Mr. Vijay Vishwakarma and Mr. John Menezes and also by Member Teachers Mr. Ashish Navik and Mrs. Rohini Shetty

The support of our NSS Student Leaders is immense and we place on record the contributions by Mr. Ishan Salian, Ms. Mahima Singh, Ms. Shreya Rai, Mr. Mayur Gami, Ms. Vrinda Soman, Mr. Pranav Singh and Ms. Riya Singh.

Gazing at the overwhelming response and feedback received from participants we conclude that it was an impactful session with practical solutions at ground level.

We hope to collaborate for more such opportunities.

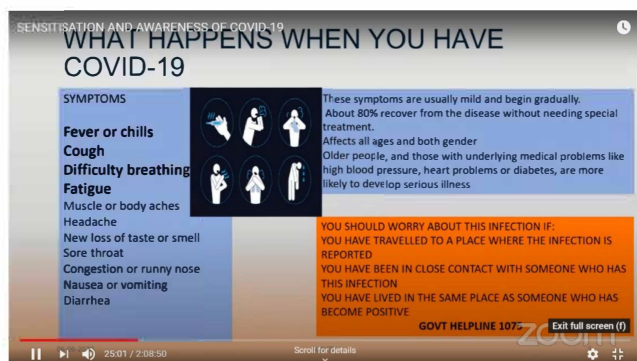
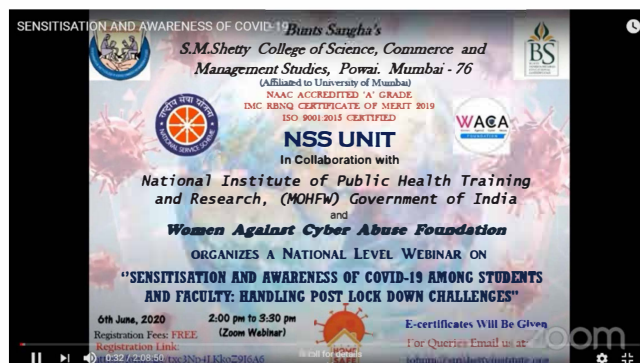
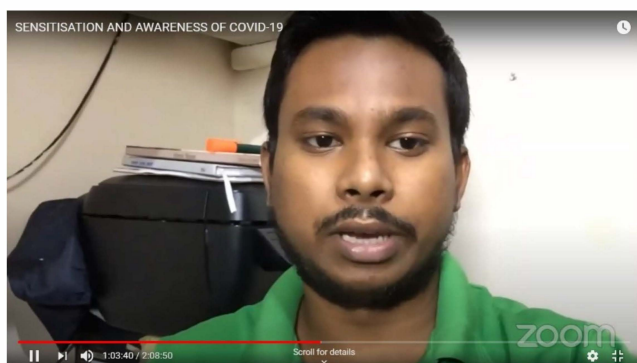



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**BUNTS SANGHA'S
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Virtual Glimpse of the session



Dijay Krishnaswama

NSS Programme Officer

John Joseph

NSS Programme Officer



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**Participation List-National Level Webinar on “Sensitisation and Awareness of Covid-19
Among Students and Faculty: Handling Post Lock Down Challenges”**

The webinar was conducted on National Level on the topic “Sensitisation and Awareness of Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges”. There were total 1350 participants where 729 were male participants and 629 were female participants.

DATE	MALE	FEMALE	TOTAL
6th June, 2020	729	621	1350



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**Certificate Sample Copy -National Level Webinar on "Sensitisation and Awareness of
Covid-19 Among Students and Faculty: Handling Post Lock Down Challenges"**




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BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

**Event:
Rangoli Competition on "Mental Health"**

Date: 10/10/2020

**BUNTS SANGHA'S
S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT
STUDIES, POWAI.**

Notice(Whatsapp Message) - Rangoli Competition "Mental Health"

Jai Hind

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management has organized an intercollegiate

RANGOLI COMPETITION

On the occasion of World Mental Health Day

Rules and regulations :-

1. The rangoli should be based on the theme i.e., Mental health.
2. Save your file as pdf for a quick and easy upload.
3. The participants should fill proper details while sending entries.
4. No late entries will be accepted.
5. The participants should send a small 15 - 30 seconds video as a proof to us (that they are the one who's making rangoli). □

Note :- The last day of submitting your rangoli is 8th October 2020

Entries will be accepted only till 5pm

Submit your Rangoli in the Google form given below <https://forms.gle/8FjqbQnvi4nXppw37>

RESULTS WILL BE DECLARED ON 10TH OCTOBER 2020

Results will be out on our Instagram page :-https://instagram.com/shettynssunit_b46?igshid=oahwycsldum

For any further queries Call or WhatsApp :- Snehal Rai :- 9082362400, Abhishek Gupta :- 9996746936, Dipti Shetty:- 7704519744, Ishan Salian :- 97734 71471

Facebook:-

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Poster -Rangoli Competition "Mental Health"



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IMC RNBQ CERTIFICATE OF MERIT 2019



NATIONAL SERVICE SCHEME
PRESENTS

RANGOLI COMPETITION

*On the occasion of World Mental
Health Day*

THEME :- Mental Health

DATE OF SUBMISSION :-

5th October 2020 to 8th October 2020

ENTRIES WILL BE ACCEPTED ONLY TILL

5PM OF 8th OCTOBER

RESULTS WILL BE DECLARED ON

10TH OCTOBER 2020

FOR ANY FURTHER QUERIES CONTACT :-

Snehal Rai - 9082362400 Abhishek . G - 9967469363

Dipti Shetty - 7045197444 Ishan Salian - 97734 71471

proof to us (that they are the one
who's making rangoli).




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**BUNTS SANGHA'S
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Event: Rangoli Competition "Mental Health".

Date: 10th October 2020.

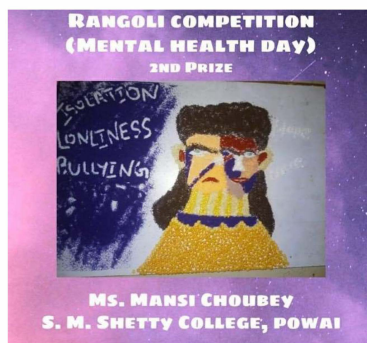
Highlights: The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies had conducted "**Rangoli Competition**". On the Occasion of World Mental Health Day on 10th October 2020. The participants had to make a rangoli based on the theme i.e., Mental Health. There were around 10 entries for the event. The participants were provided with participation certificates.

The winners of the competitions are:-

1st- Megha Hanmant More - K.G. Joshi Bedekar College, Thane

2nd- Choubey Mansi Santosh - Bunt's Sangha's S. M. Shetty College, Powai.

3rd- Komal Pradeep Kadam - K J Joshi Bedekar College, Thane (W).



NSS Programme Officer

Vijay Krishnaswamy

NSS Programme Officer

John D'Souza

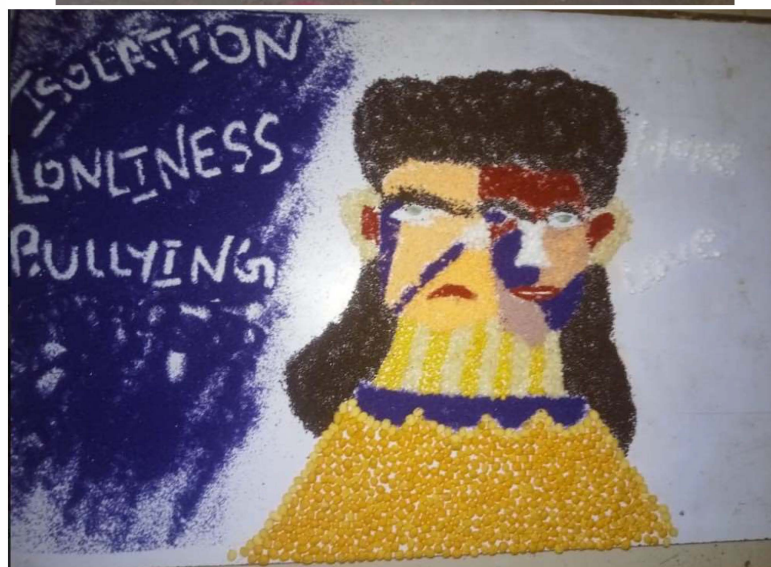


Principal
PRINCIPAL

Bunts Sangha's S.M. Shetty College
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Powai, Mumbai-400 076
Tel: 022-6132 7352
Email: college@buntsangha.org

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S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT
STUDIES, POWAI.**

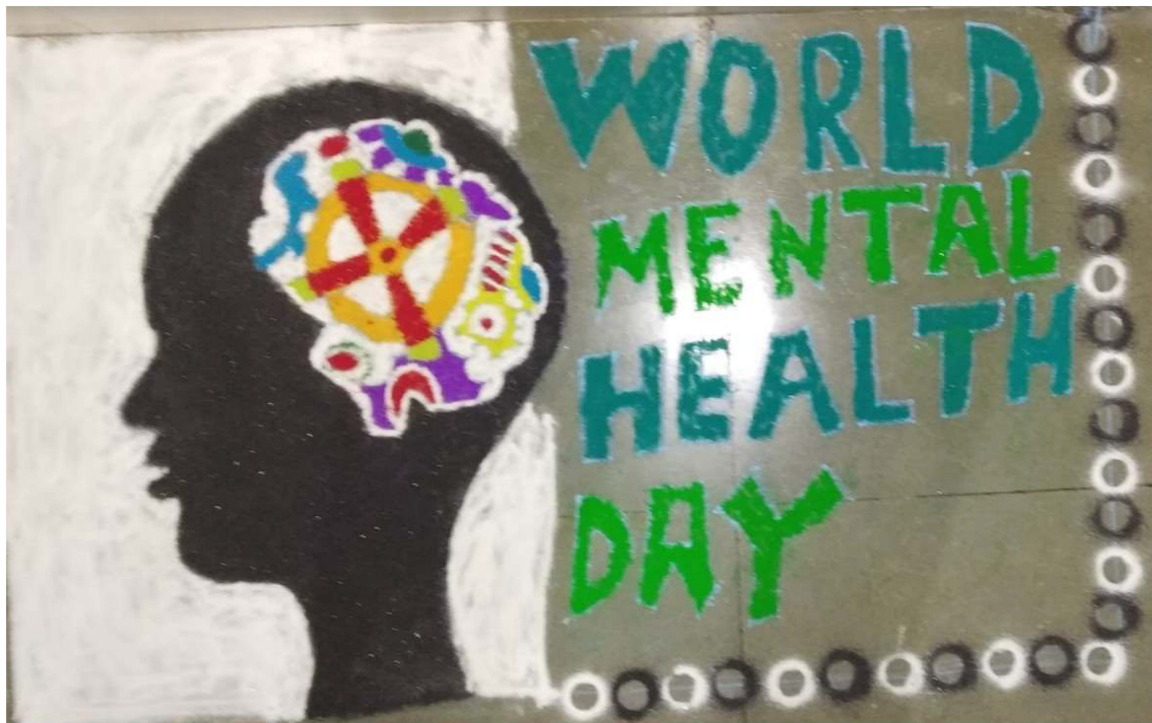
Rangolis made by the participants - Rangoli Competition "Mental Health"



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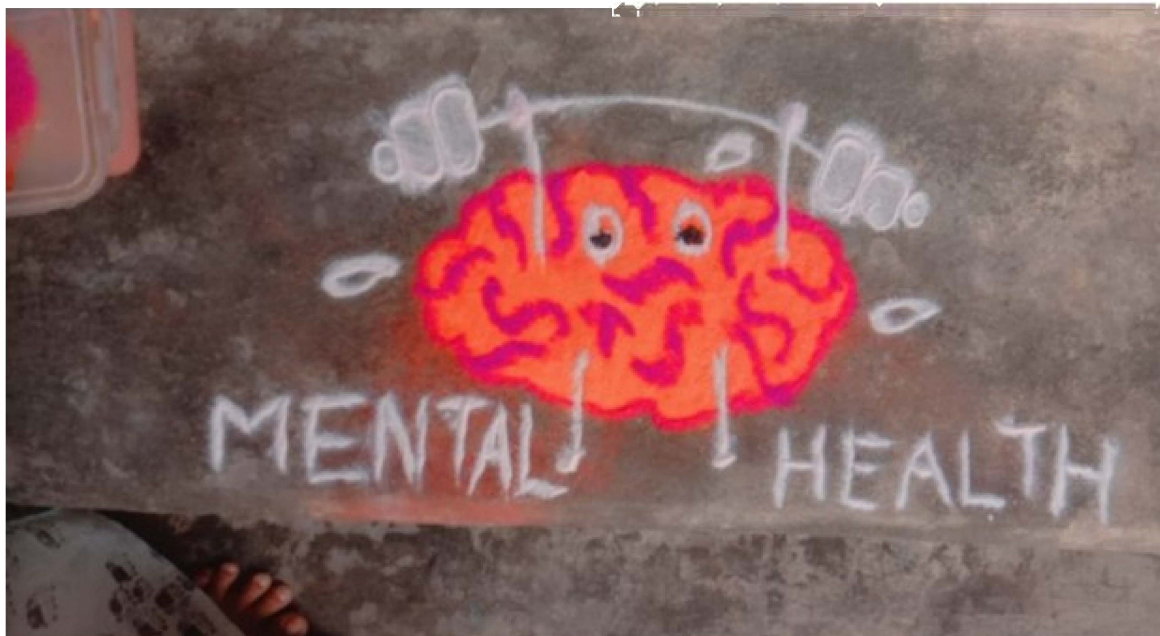
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Rangolis made by the participants - Rangoli Competition “Mental Health”



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Rangolis made by the participants - Rangoli Competition "Mental Health"



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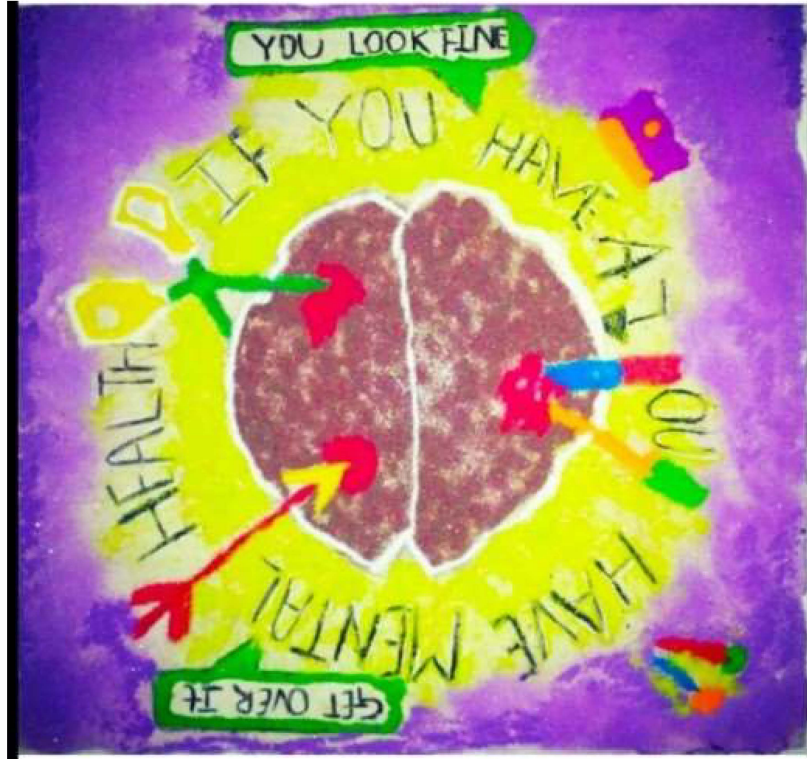
Rangolis made by the participants - Rangoli Competition “Mental Health”



[Signature]
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Rangolis made by the participants - Rangoli Competition “Mental Health”



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Rangolis made by the participants - Rangoli Competition "Mental Health"

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Rangolis made by the participants - Rangoli Competition "Mental Health"



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Appreciation Certificate



Prakash
PRINCIPAL

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Tel: 022-6132 7352
Email: college@smshettyinstitute.org

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STUDIES, POWAI.**

Participation Certificate



Vijay Krishnaswamy

NSS Programme Officer

John Deneys

NSS Programme Officer



[Signature]
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BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

**Event:
Poster Making Completion - Fit India Movement**

Date: 26/09/2020

**BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI**

ISO 21001:2018 CERTIFIED

Notice: Poster Making Competition (Fit India Movement)

Poster Making Competition

Grab on your painting tools to motivate people regarding fitness with your skills and creativity © After all "Fit India, Lit India"

Come join us to encourage and make India Lit with the help of your amazing posters ☺

Topic:-

- Fit India

- Poses or asanas of yoga or workout

OR

- A message for the society through paintings and sketches for living fit.

Submit the posters on A4 size paper!

Last date for submission of posters is 25th September 2020.

Email id for submission: nssunitb46@gmail.com

Results for the Poster Making Competition will be announced on 26th September 2020 on
instagram page-
@shettyunit_b46

For more enquiries:-

Shruti Panhale - 9930065435

Ishan Salian - 97734 71471

Mahima Singh - 7506516043

Mayur Gami - 7977719054

Our Instagram handle- https://instagram.com/shettyunit_b46?igshid=1bbif8mjypc3h

For more details refer pdf..!




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The poster is for a 'FIT INDIA Poster Making Competition' organized by Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai, Mumbai. It features the college's logo on the top left, which includes the motto 'KARMAKENDU KUNYA YOGYA SANGHATYA PRAKALANAYITHU'. On the top right is the 'NATIONAL SERVICE SCHEME' logo. The text is centered and uses various colors and bold fonts to highlight the event details. The background is a blurred image of people.

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Management Studies, Powai, Mumbai
Affiliated to University of Mumbai
NAAC Accredited 'A' Grade
ISO 9001:2015 Certified

FIT INDIA

Poster Making Competition

Intercollegiate Event

Grab on your painting tools to
motivate people regarding fitness
with your skills and creativity..
After all
"Fit India, Lit India"
Come join us to encourage and
make India Lit with the help of
posters.

Submit your posters before
25th September 2020.
Email Id- nssunitb46@gmail.com

Results will be announced on the
Instagram page- @shetty nssunit_b46
On 26th September 2020.

Enquiries
Shruti Panhale- 9930065435
Ishan Salian- 9773471471
Mahima Singh- 7506516043
Mayur Gami- 7977719054



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**BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI**

Report: Poster Making Competition (Fit India Movement)

Event: Poster Making Competition (Fit India Movement).

Date: 25th September, 2020

Objective: This is an Inter- Collegiate Fitness Challenge.

Highlight: The NSS Unit of S. M. SHETTY COLLEGE had organized a fitness challenge on 25th September, 2020 for FIT INDIA MOVEMENT.

The theme for the event was the Fit India Challenge. The event was held at intercollegiate level. It was open for all colleges and for NSS units too. The theme for Poster making was Fit India, wherein the participants had to make Poster showing out some message to live fit and also some fitness poses to express the importance of fitness in one's life. There were 26 entries for the poster which showed unique ideas of being fit for the better future. The last date of submission was commenced on 26th September. The judges decided the winners and the winners were given certificates for appreciation. Total 26 **Volunteers** has been participated in the event. All the participants were provided with participation certificates.

The Winners of the Competition are:-

Participation List: Poster Making Competition (Fit India Movement)

Aanam Mulla – S. M. Shetty

Anisha Jadhav - Vidyalankar College



Vijay Krishnakumar

NSS Programme Officer

John Henry

NSS Programme Officer

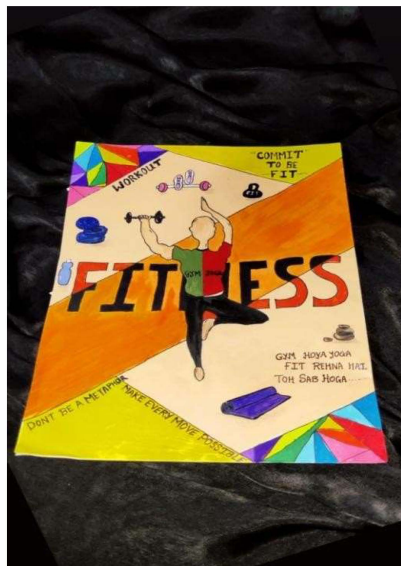


Principal
PRINCIPAL

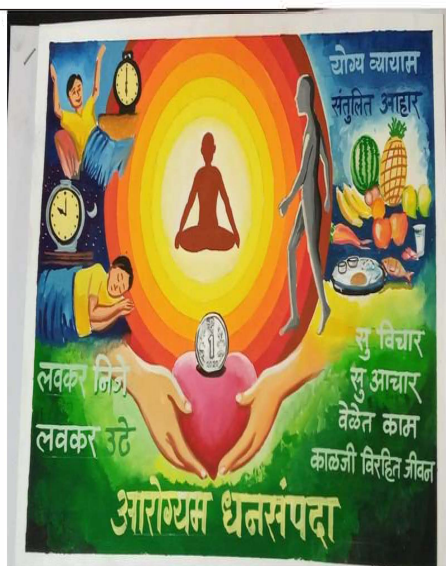
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Email: college@smshettyinstitute.org

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STUDIES, POWAI**

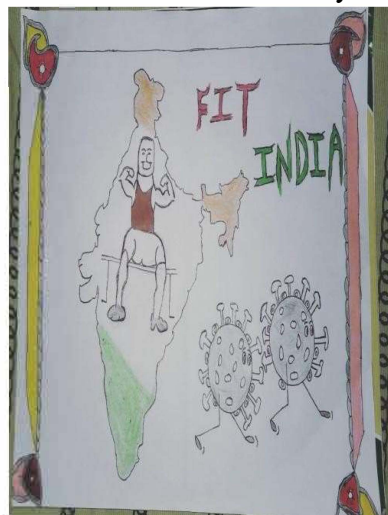
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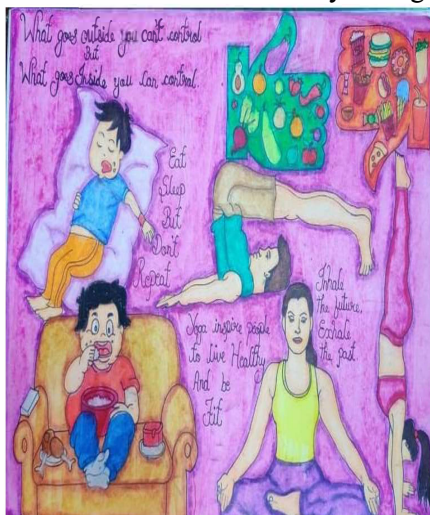
Gaush Murshad - S.M. Shetty



Harshata Wadkar - S. M. Shetty College



Jaspreet Kaur - S. M. Shetty



Jyoti Dhuria- K.G Joshi College

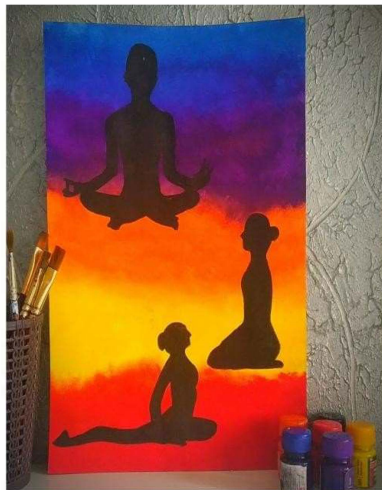


Principal

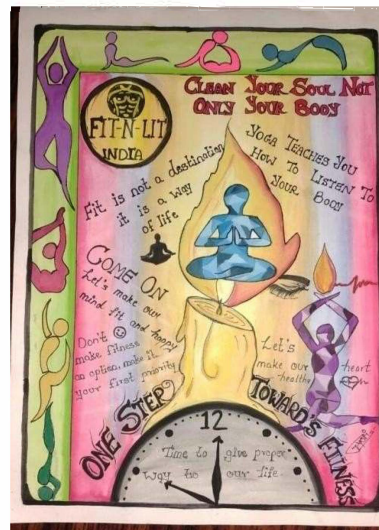
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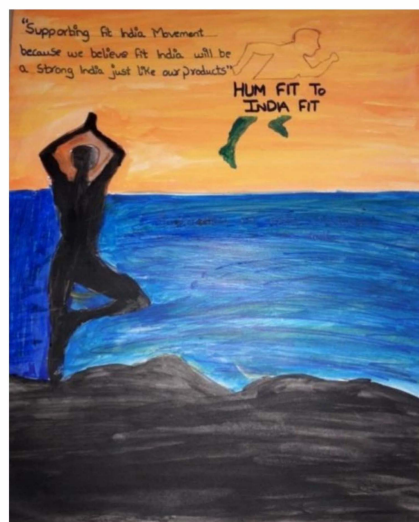
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Krinal Parmar – S. M. Shetty



Malti Ratudi - S. M. Shetty

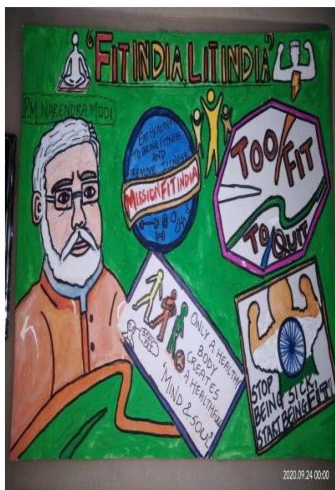


S. M. Shetty
PRINCIPAL

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Rakshita Achary
S. M. Shetty College



Pratik Agawan
Bhavans College



Pooja Gupta
S. M. Shetty College



Pooja Gupta
PRINCIPAL

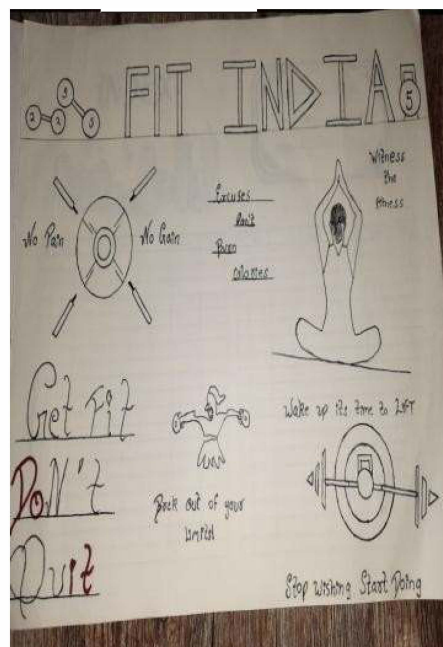
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Tel: 022-6132 7352
Email: college@smshettyinstitute.org

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Rohithaksha Shetty – S. M. Shetty



Sachin Gupta – S. M. Shetty College



S. M. Shetty
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Powai, Mumbai-400 076
Tel: 022-6132 7352
Email: college@smshettyinstitute.org

**BUNTS SANGHA'S
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STUDIES, POWAI**

ISO 21001:2018 CERTIFIED

Winner Certificate



[Signature]
PRINCIPAL

Bunts Sangha's S.M. Shetty College
of Science, Commerce & Management Studies
Powai, Mumbai-400 076
Tel. 022-6132 7352
Email: college@bmsbshettyinstitute.org

**BUNTS SANGHA'S
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STUDIES, POWAI**

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Dijay Chishuragama
NSS Programme Officer

John Pienze
NSS Programme Officer



BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

Event:

Red Ribbon Making Activity

Date: 01/12/2020

**BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI**

ISO 21001:2018 CERTIFIED

Notice (WhatsApp Message): Red Ribbon Making Activity

Strengthen the support to weaken the spread of aids.

.. JAI HIND..

Hello Fellas!!

The RRC (Red Ribbon Club) with NSS Unit of Bunt's Sangha S M Shetty College of Science Commerce and Management Studies Powai · has organised an intercollegiate activity on the WORLD AIDS DAY where the participants have to make a red ribbon out of any red coloured material (ie. Cloth, Paper, etc). You can even paint or colour the material red.

The participants are supposed to click a selfie or a picture with the red ribbon made by them and put it on your stories and also tag:-

@shettynssunit_b46 (Our Instagram handle)

@connecting_nss

@nssforindia

◆ THEME : WORLD'S AIDS DAY

STORIES TO BE UPLOADED ON 1st DECEMBER 2020.

· TO BE NOTED ·

📄 Tagging all the handles mentioned is mandatory.

📄 Stories that fulfill the above criteria will be reposted on our insta story.

Note: If Your Account is a Private Account, make sure that you make it Public for just one day so that we can repost your story.

Act now against it or regret it for the rest of your life.

Our social media handles :-

■ Instagram handle:-



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https://instagram.com/shettyssunit_b46?igshid=1xuafngvhevgf

■ Facebook handle:-

<https://www.facebook.com/smsheetynss/>

■ YouTube channel:-

https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q

•For any further queries Contact:-

1. Nandini Mahapatra:- +91 9082935318
2. Nidhi Shetty:- +91 8108216828
3. Ishan Salian:- +91 97734 71471
4. Mahima Singh:- +91 75065 16043

Regards

Red Ribbon Club (RRC).



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Report: Red Ribbon Making Activity

Event: Red Ribbon Making Activity.

Date: 1st December, 2020.

Highlight: The Red Ribbon Club (RRC) and NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies organized a Red Ribbon Making Activity. The volunteers were asked to make a red ribbon that is the logo of RRC with paper or cloth and click pictures with it and send it to us through a google form, which will be posted on our social media story.

Red Ribbon Making Drive



Vijay Krishnaswamy

NSS Programme Officer



John D'Souza

NSS Programme Officer



BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

Event:

Fit India Campaign Activity

Date: 10/01/2021

**BUNTS SANGHA'S
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Opp. Jalvayu Vihar, Hiranandani Garden, Powai, Mumbai – 400076**

TIVONA NATURE CLUB

REPORT ON 'FIT INDIA CAMPAIGN' ORGANISED ON 10TH JANUARY, 2021

Date: 11TH JANUARY, 2021

The Tivona Nature club of S.M Shetty College in Collaboration with NSS Unit, Participated in the Majhi Vasundhara and Fit India Campaign.

Students used bicycles as a medium of transport on 10th January, 2021 and also created a general awareness amongst the general public about the positive effects of it on Nature and Health. Students participated in the event in good numbers.

15 Participants shoot a video and picture with a cycle and put it on social media platforms.

Event was successful and students enjoyed cycling after a long time. It was a good experience for them

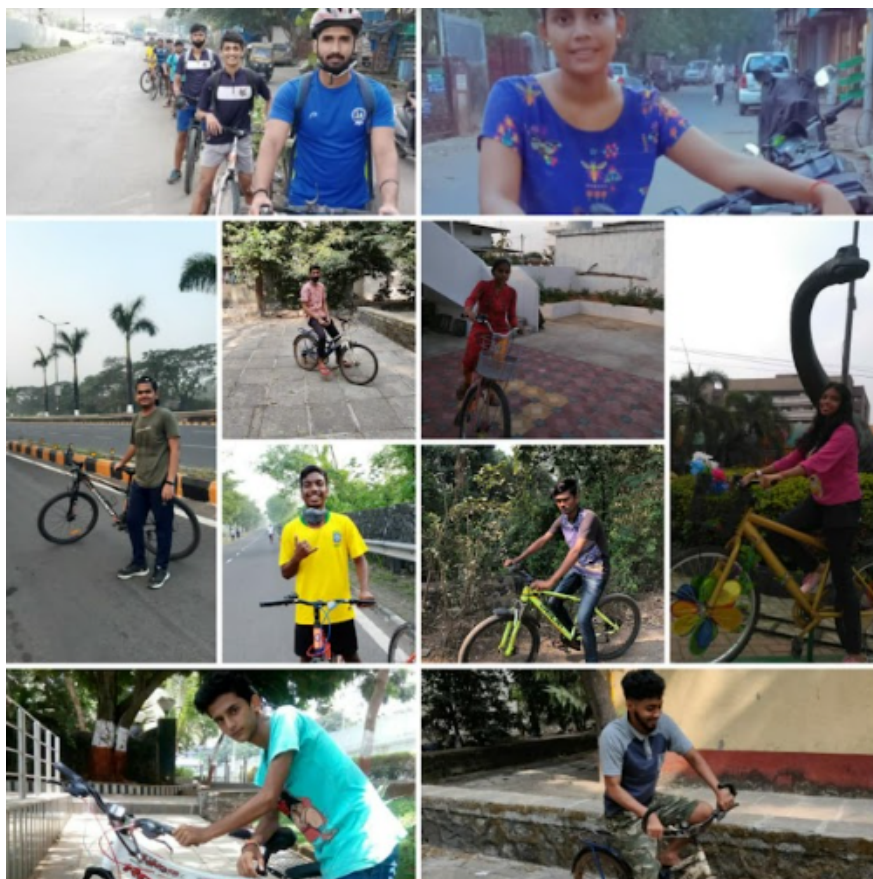


CYCLE RALLY BY STUDENTS

**BUNTS SANGHA'S
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Opp. Jalvayu Vihar, Hiranandani Garden, Powai, Mumbai – 400076**

TIVONA NATURE CLUB

PICTURES OF 'FIT INDIA CAMPAIGN' ORGANISED ON 10TH JANUARY, 2021



CYCLE RALLY BY STUDENTS



BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

**Event:
RRC Poster Making on Worlds Aids Day**

Date: 01/12/2020

**BUNTS SANGHA'S
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STUDIES, POWAI.**

Notice (WhatsApp Message): Poster Making Competition on World Aids Day

Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep..

.. JAI HIND..

Hello Fellas!!

The RRC (Red Ribbon Club) with NSS Unit of Bunt's Sangha S M Shetty College of science Commerce and Management Studies Powai has organized a Poster Making Competition on the occasion of WORLD AIDS DAY.

Since 1988, the World AIDS Day is held on December 1 every year. It is an international day to raise awareness about HIV and AIDS around the world. On this day, besides raising awareness of the AIDS pandemic caused by the spread of HIV infection, memorials are held to honor persons who have died from HIV/AIDS.

♦ THEME: WORLD'S AIDS DAY

You need to submit your pdf through the link given below..

<https://forms.gle/CsqhxRqhXE3y2qi6>

• Winner will get E- certificate •

• TO BE NOTED •

•LAST DATE FOR SUBMISSION:- 1st December 2020

• TIME:- TILL 4PM

• RULES AND REGULATIONS

1. Poster size should be A/4.
2. Save your file as pdf for a quick and easy upload. •
3. Entry must be submitted before 1st December 2020.
4. The posters will be judged according to the following criteria:- creativity, presentation and relevance of the topic. •

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NAAC Accredited 'A' Grade
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NATIONAL SERVICE SCHEME



RED RIBBON CLUB

Presents

An Intercollegiate Event

POSTER MAKING COMPETITION ON WORLD AIDS DAY



🏆 *Winner will get E- certificate* 🏆

▼ **LAST DATE FOR SUBMISSION:- 1st December 2020**

▼ ***TIME:- TILL 4PM***



RULES AND REGULATIONS

1. Poster size should be A/4.
 2. Save your file as pdf for a quick and easy upload. 📄
 3. Entry must be submitted before 1st December 2020.
 4. The posters will be judged according to the following criteria:-
creativity, presentation and relevance of the topic. 🎨
 5. No poster should include an image or name of the government officials. 🚫
 6. Decision of the judges will be final.
- *RESULTS WILL BE DECLARED ON 1st DECEMBER 2020.***

- For any further queries Contact 📞 :-
1. Nandini Mahapatra:- +91 9082935318
 2. Nidhi Shetty:- +91 8108216828
 3. Ishan Salian:- +91 97734 71471
 4. Mahima Singh:- +91 75065 16043



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STUDIES, POWAI.**

5. No poster should include an image or name of the government officials.·

6. Decision of the judges will be final.

RESULTS WILL BE DECLARED ON 1st DECEMBER 2020. on·

Our social media handles :-

■ Instagram handle:-

https://instagram.com/shettyssunit_b46?igshid=1xuaingvhevfg

■ Facebook handle:-

<https://www.facebook.com/smshettyss/>

■ YouTube channel:-

https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q

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Regards

Red Ribbon Club (RRC).



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STUDIES, POWAI.**

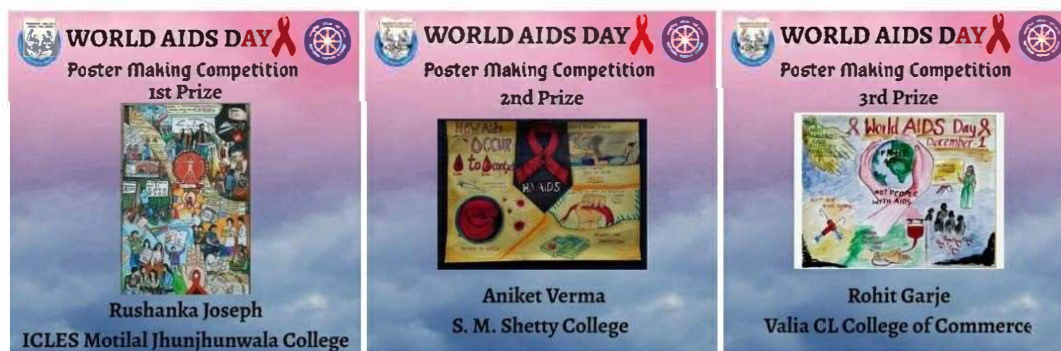
**Report- Poster Making Competition on World Aids Day Event: Poster Making
Competition on World Aids Day**

Date: 1st December, 2020.

Objective: This event was organized for "Poster Making".

Highlights: This event was organized by the NSS Unit of our College. The Participants were asked to create posters and submit them in the given Google Form provided. There were 15 participants from different colleges in Mumbai. The event was judged by Ms. Swati Shetty.

The winners of the events are:



1. Rushanka Joseph - ICLES Motilal Jhunjhunwala College
2. Aniket Verma - S. M. Shetty College
3. Rohit Garje of Valia CL College of Commerce

Vijay Krishnaswami

NSS Programme Officer

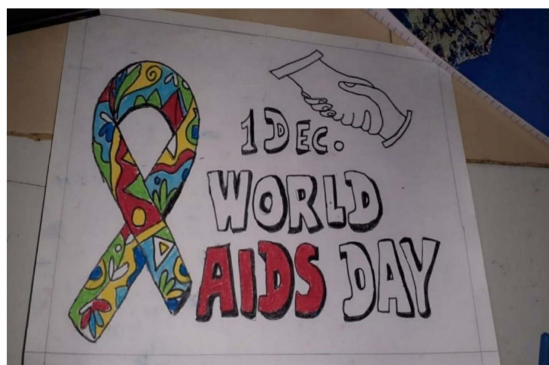


John Deneys

NSS Programme Officer

**BUNTS SANGHA'S
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Posters Submitted by the Participants



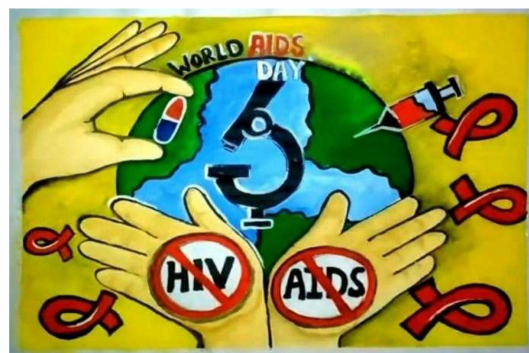
Kannika Nadar



Yogini Thakur



Anchal Mishra



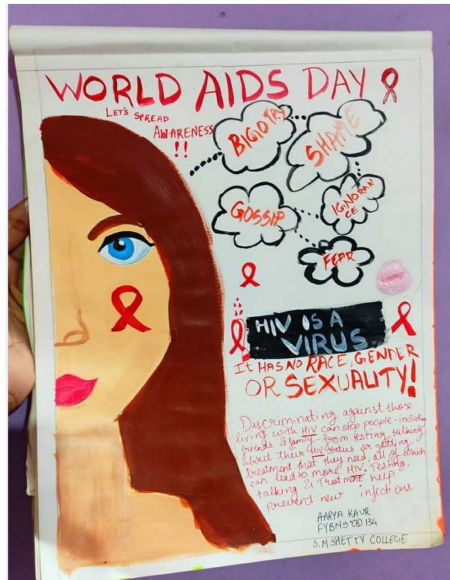
Vaishnavi Wagh



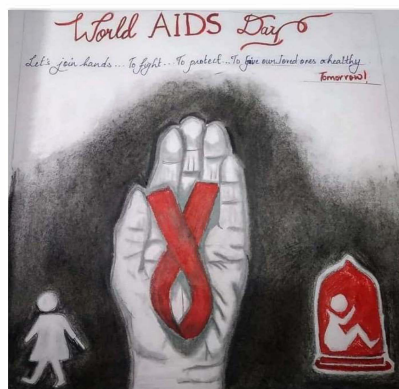
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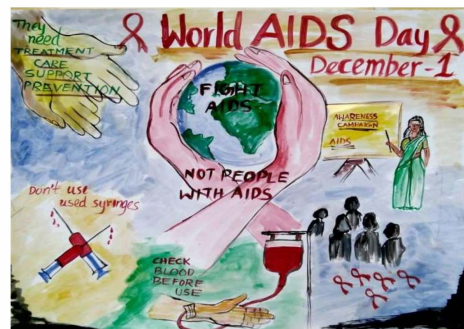
Rushanka Joseph



Aarya Kaur



Reema Palan



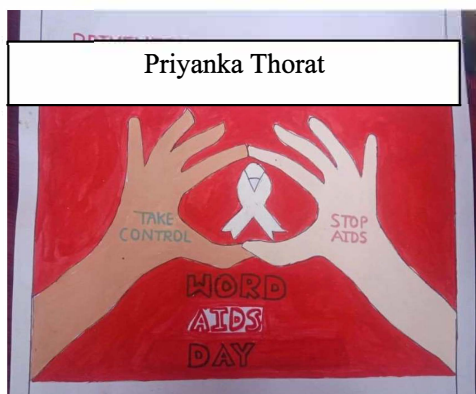
Rohit Garje



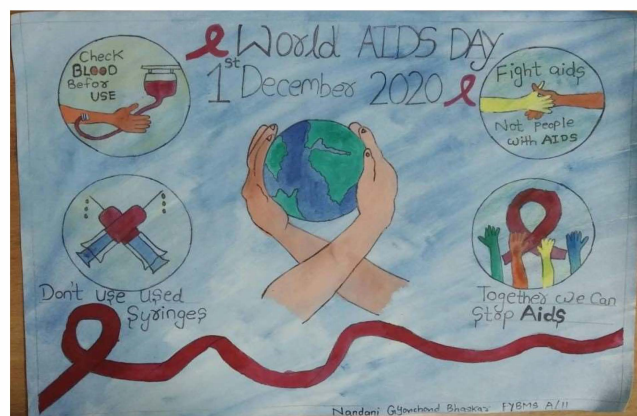
**BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI.**



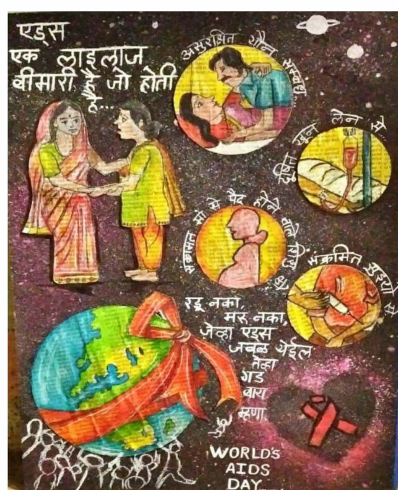
Archana Chauhan



Priyanka Thorat



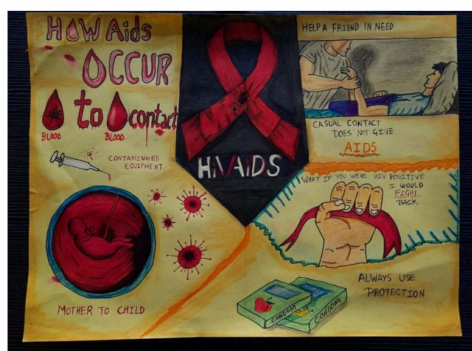
Nandani Bhaskar



Balkrishna Kodare



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STUDIES, POWAI.**



Aniket Verma



Janhanvi Koli



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STUDIES, POWAI.**

Sample Certificate – Poster Making Competition on World Aids Day

Participation Certificate



Dipay Chishuagama

NSS Programme Officer



John Dunez

NSS Programme Officer

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STUDIES, POWAI.**

Appreciation Certificate





BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

**Event:
Students' Enrichment Program:
'Yoga For A Healthy Being'**

Date: 30/04/2021



BUNTS SANGHA'S

S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT STUDIES

29th April, 2021

NOTICE

Students' Enrichment Program: Yoga For A Healthy Being

The Students' Council graciously invites you to "Students' Enrichment Program: Yoga For A Healthy Being" an online Yoga session conducted to promote physical and mental well being among the youth! Our College will proudly play host to Laxmanrao Shivdavkar Marathi Vidyalaya Dahisar, Mumbai and Subhedar Ramji Ambedkar Vidyalaya Dahisar, Mumbai.

The event will be headed by Ms. Mayuri Salian, a professional Yoga performer and a fitness promoter.

Hope to see you all in big number!

Date: 30th April, 2021

Time: 7:30 PM

Venue: Google Meet

Prof. Sandesha Shetty

Vice Principal

Students' Council In Charge



Dr. Sridhara Shetty

Principal



Bunts Sangha's
S.M.Shetty College of Science, Commerce and
Management Studies, Powai, Mumbai – 400076

NAAC Accredited 'A' Grade
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified



**Students' Council
presents**

Students' Enrichment Program

YOGA FOR A HEALTHY BEING

FOR

LAXMANRAO SHIVDAYKAR MARATHI VIDYALAYA, DAHISAR, MUMBAI

&

SUBHEDAR RAMJI AMBEDKAR VIDYALAYA, DAHISAR, MUMBAI

Date: 30th April, 2021

Time: 7:30 PM-8:30 PM

Venue: Google Meet

Prof. Sandesha Shetty

Vice Principal

Students' Council In Charge



Dr. Sridhara Shetty

Principal



BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

LIST OF TEACHERS AND STUDENTS IN CHARGE

Students' Enrichment Program: Yoga For A Healthy Being

Teachers:

- 1) Prof. Sandesha Shetty (Students' Council In Charge)
- 2) Prof. Raveena Shetty
- 3) Prof. Prachi Agarwal
- 4) Prof. Avneet Kaur
- 5) Prof. Rohini Shetty

Students:

- 1) Mr. Rathin Sawant (General Secretary): Preparation of banner
- 2) Mr. Omkar More (Joint General Secretary): Preparation of official message

Prof. Sandesha Shetty

Vice Principal

Students' Council In Charge



Dr. Sridhara Shetty

Principal



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Students' Enrichment Program: Yoga For A Healthy Being

Sr. No.	Student Name
1	Shubha Jadhav
2	Sonakshi Oman
3	Eeshani Paachkale
4	Fatima Pathan
5	Nidhi Sutar
6	Aarush Damodar
7	Sahil Pawar
8	Aditya Shinde
9	Mayur Waghmare
10	Aryan Kamble
11	Dhanashree Seth
12	Shraddha Gudale
13	Vidhi Gajbhare
14	Araadhya Adakmol
15	Swapnali Mane
16	Jeet Dhale
17	Laxman Haralkar
18	Sae Sonavne
19	Arya Shinde
20	Sanskar Rane
21	Sneha Bade
22	Araadhya Badavne
23	Swara Chavhan
24	Samiksha Gaikwad
25	Samruddhi Gaikwad
26	Sahil Mogal
27	Chaitanya Devle
28	Faizal Moghal
29	Pradeep Ahire
30	Sudarshan Kale
31	Janvi Galphade
32	Mahek Hawaldar
33	Prajwali Jagdale
34	Snehal Kumbhar
35	Vaishnavi Male
36	Kirti Manke
37	Arya Matre
38	Prachi Narkar
39	Aarti Pandhre

Attendance List

Count:

Male: 15

Female: 24

Prof. Sandesha Shetty

Vice Principal

Students' Council Incharge



Dr. Sridahra Shetty

Principal



BUNTS SANGHA'S

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FEEDBACK FORM ANALYSIS

Students' Enrichment Program: Yoga For A Healthy Being

Date: 30th April, 2021

Time: 7:30 PM

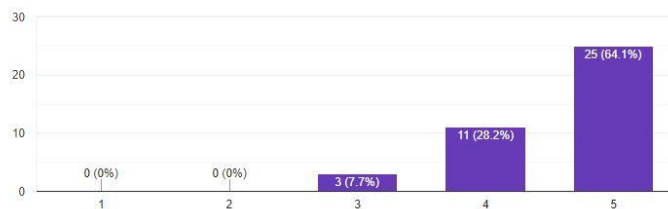
Venue: Google Meet

The session was generally met with a positive response, and that positive enthusiasm has been reflected in the feedback form. The students showed good intent towards the session, and they also showed interest in attending more such sessions.

The mentioned inference is based on the following questions, along with their statistics:

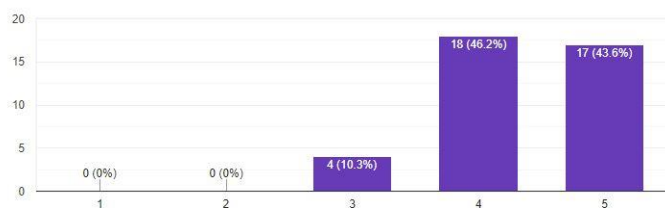
How useful was the session?

39 responses



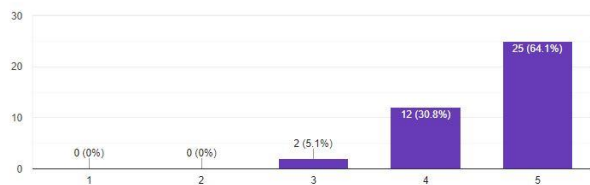
How good was the resource person?

39 responses



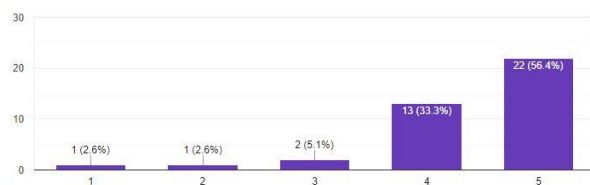
How likely are you to attend sessions like this in the future?

39 responses



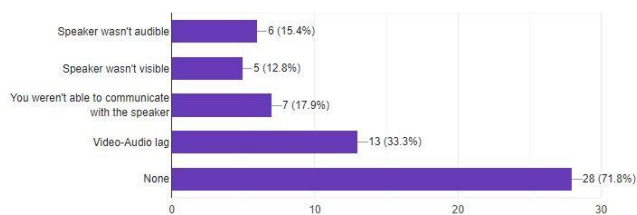
How easy did you find all the exercises?

39 responses



Which of these technical faults were faced by you?

39 responses



Prof. Sandesha Shetty

Vice Principal

Students' Council In Charge



Dr. Sridhara Shetty

Principal



BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
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REPORT

Students' Enrichment Program: Yoga For A Healthy Being

Date: 30th April, 2021

Time: 7:30 PM

Venue: Google Meet

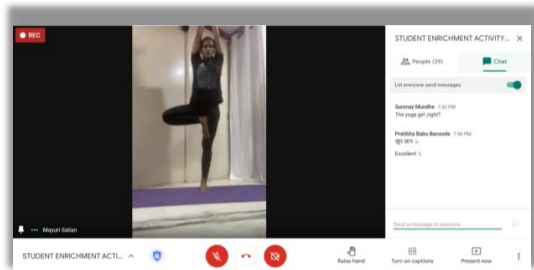
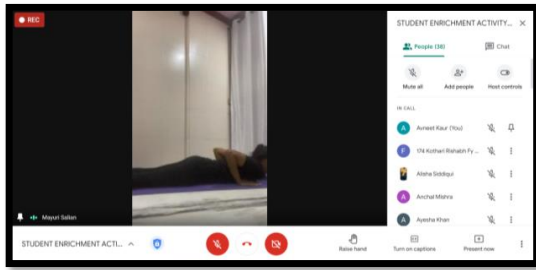
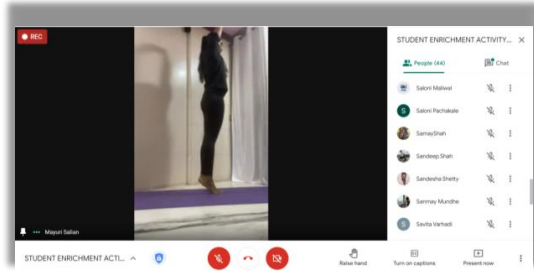
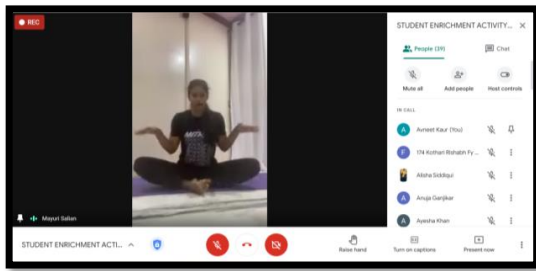
Event Name: Students' Enrichment Program: Yoga For A Healthy Being

The event met with an enthusiastic response from the young participants. Ms. Mayuri Salian put her expertise to the best use and made the event an interactive and a fun experience for all. The students communicated with the host and this helped in raising some intrigue among them about what Yoga is and the benefits of Yoga.

The event served as a platform for us to shed some wisdom on the young minds of tomorrow, and advocate the importance of discipline.

The participants and teachers enjoyed the show alike and asked for more such sessions in the future.





Yoga Practiced by students

Prof. Sandesha Shetty

Vice Principal

Students' Council In Charge



Dr. Sridhara Shetty

Principal



BUNTS SANGHA'S

**S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE
& MANAGEMENT STUDIES**

**Event:
AN INTERCOLLEGIATE WEBINAR ON YOGA**

Date: 26/09/20200

**BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI**

Notice: Webinar on Yoga with Dr. Kush Panchal

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce & Management Studies.

Organises

Webinar on Yoga

To celebrate Fit India Movement ,initiated by the Government of India

Open for all

Yoga is the journey of the self, through the self, to the self. It's not about being good at something. It's about being good to yourself.

Date: 26th September 2020

Time : 6:00pm. This session will be guided by Dr. Kush Panchal International Yoga Trainer.

•He will guide you through:

•प्राणायामसेप्राणबचाओ

•Super energetic meditation techniques

•Yoga for back pain

•Most effective fat loss home exercises

•How to stay motivated in this pandemic

•Stress Management

•Along with QNA session •♂

Other topics covered:


- 1) Amazing memory power techniques
- 2) Animal flow movement-based exercises
- 3) Personalised consultation
- 4) Detox diet tips for evergreen health
- 5) Professional meditation audios





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Bunts Sangha's
S.M.Shetty College of Science, Commerce &
Management Studies, Powai, Mumbai-76
Affiliated to University of Mumbai



IMC RBNQ Certificate of Merit 2019
ISO 9001:2015 Certified

NSS UNIT

To Celebrate Fit India Movement
organises
AN INTERCOLLEGIATE WEBINAR ON YOGA
26TH SEPTEMBER, 2020
(Open to all)
Join us on Zoom at 6:00pm



GUIDED BY:
Dr. Kush Panchal
International Yoga Trainer

For Queries

Ishan Salian- 9773471471	Deepika Pillai- 9004961914
Mahima Singh- 7506516043	Mayur Gami- 7977719054



[Signature]
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Short Introduction -

Dr. Kush Panchal is an accomplished International Yoga Trainer.

He is the personal trainer of Kangana Ranaut and Shahid Kapur. He has trained Hollywood celebs Emma Watson, Pop Singer Ellie Goulding and James Bond villain Sebastien Fucon. Kush has done his PhD in 'DhyanYog' from Hrishikesh, he has a Masters Diploma in Fitness Management from America and Advanced Degree in Body Weight Training from London. Out of 667 yoga trainers from all over Asia, he was selected among the top 16, to instruct the elite guests of the number one VIP cruise ship 'Holland America Line'. He is also the 1st Indian to conduct his 'Yoga-with-Dance' workshop at the London Bridge with 552 participants!

You cannot always control what goes on outside. But you can always control what goes on inside. This session will surely relax your mind and will be very helpful to fight this pandemic too.

For registration, click here:

<https://forms.gle/AerHqo48htUUHU376>

Please note Zoom link will be provided via mail .

Our social media handles :-

Instagram handle:-

https://instagram.com/shettyNSSunit_b46?igshid=1xuafngvhevgf

Facebook handle:-

<https://www.facebook.com/smshettyNSS/>

YouTube channel:-

https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q

Regards,

NSS UNIT




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**BUNTS SANGHA'S
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Participation List: Webinar on Yoga with Dr. Kush Panchal

1. Sushant Shetty - Sm shetty
2. Vidhya Hegde - Bunts Sangha's SM Shetty High School & Jr. College
3. Upadhyay shivam sanjay - Sm shetty college
4. Aman Vikash Surana - Sm Shetty College
5. VAIBHAV SUBHASH PAWAR - S M SHETTY INTERNATIONAL SCHOOL AND JUNIOR COLLEGE
6. Nafees Ahmed - S. M. Shetty College
7. Priyadarshani jena - SM shetty college
8. Prof.Swati Shetty - Bunts Sangha's S.M Shetty College of Science,Commerce and Management Studies,Powai
9. Teharin - SDM MMK
10. Bhoomika R Arora - Sm shetty college
11. Krishna jaiswal - S. M. SHETTY COLLEGE
12. Nidhi yadav - S.M shetty
13. Dipti V. Shetty - Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies
14. MS.SURTI ZAINAB FIDAHUSAIN - BUNTS SANGHA SM SHETTY COLLEGE OF SCIENCE COMMERCE AND MANAGEMENT STUDIES,POWAI
15. Jissa Senthil Nelli - S. M. Shetty high school and Junior college
16. Ujwal Poojary - sm shetty degree college
17. Nehal Nilesch Satre - SM Shetty College -
18. Dakshita Nitesh Jaiswal - Sm Shetty college
19. MS. SANGITA SHENOY - K.V. PENDHARKAR COLLEGE
20. Nidhi Shetty - Bunts Sangha's SM Shetty College
21. URVASHI JAISWAL - S M SHETTY
22. shetty manish umesh - s m shetty
23. Talekar Priyanka Dileep - Bunt Sangha's S.M Shetty College
24. Ms. Ankita Badgeri - Vivek College of Commerce
25. Rakshanda shaikh - Bunts sangha sm shetty high school jr.college
26. Aparna Anand - Bunts Sangha's SM Shetty High School and Jr. College
27. Jagtap Pornima Shankar - Bunt Sangh's S M Shetty College of Science Commerce and Management
28. Priyanka Hubraj Pal - Bunts Sangh's S. M. Shetty High school and junior College
29. Sahil Ghanshyam Yadav - SM Shetty College Powai
30. Aishwarya Rajendra Jangam - Valia C.L College of Commerce Andheri (West)
31. Sunita Dubey - SM shetty international school
32. Vanishree Sirpuram - S M Shetty High School & Jr College
33. Anurag GulabChand Tiwari - S.M Shetty College




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34. Ms. Shruti Panhale - S.M Shetty College, Powai.
35. Mrs. Priya Singh Sharma - Bunts Sangha's S.M Shetty High School & Junior College
36. Aliza Khan - S M Shetty college, powai
37. Pardeshi Amisha Pravin - S. M. Shetty High School n jr clg
38. Neelaman Allen Loy Johnson - S.M Shetty
39. Abhishek Rajkishor Gupta - S m Shetty College
40. Trupti Nevse - Bunts sanghas S. M. Shetty High school & Jr. college
41. Krupali Mota - Valia c l college
42. Swathi Ganesh Shetty - S M SHETTY
43. Ms. Shambavi Vinod Balvalli - SIES Graduate School Of Technology
44. Vijaylaxmi Kahar - Valia CL college of commerce
45. KUMUDINI DNYANDEO DHURI - Bunts Sangha's S.M. Shetty Highschool & Jr. College
46. Sairaj Shetty - sm shetty
47. Ms. Nidhi Kumari - College Of Teacher Education, Samastipur
48. Vandana kadeprasad kanojiya - Sm shetty collage
49. Krishi Sathish Shetty - SM shetty college of science, commerce & management
50. Sneha Dodmani - J. M. Patel College
51. Ms. Harsha Vinayak Naik - SIES college of arts science and commerce
52. Megha paunekar - Sm shetty college powai
53. Dr Surender Singh - Government College, Birohar(Jhajjar)
54. Ratnakar Singh - S. M. Shetty College
55. Manali Santosh Rajeshirke - Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management Studies
56. Taiba Shaikh - Sm Shetty College
57. Uma Nair - Bunts Sangha's S M Shetty Junior College
58. Shrinav Shyam - S M Shetty College
59. Aarti Thakur - SM shetty college
60. ANU TARACHANDANI - Bunts Sangha's SM Shetty High School & Junior College
61. PATIL MAYURESH ANANT - BUNTS SANGHA'S S.M. shetty college of science commerce and business management
62. Miss Nandini Mahapatra - S.M Shetty College, Powai
63. Miss. Swati Shetty - SM.Shetty College, Powai.
64. Ms. Rishu Vats - Lalit Narayan Mithila University, Darbhanga
65. Chirag Prabhakar Ghanekar - Valia C.L College of Commerce
66. Mr. Sahil ayajuddin shaikh - Bunts sanghs S. M. Shetty college of commerce science and studies mangment powai
67. Pratibha Garg - Army Institute of Education Greater Noida




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68. Sulata Bhagwan Panigrahi - Bunts Sangha's S M Shetty High School and Junior College
69. Manish Ullal - S.M.Shetty
70. Samay shah - Sm Shetty
71. Aniket Anil Varma - Bunt's sangha S.M .Shetty college powai
72. Jayesh R. Watane - Dr.PDMMC, Amravati
73. Ms. Trupti Shetty - Bunts Sangha's S.M. Shetty High School and Junior College
74. Divya Vithoba Chavan - Jashbhai Maganbhai Patel College Of Commerce
75. Anshika vishwakarma - Sm shetty college
76. Durgani kiran - Sri Rama krishna Degree college Nandyal
77. Angel Antony - Valia C. L College
78. Sahu Sriyakumari Sunil - Bunts Sangha's SM Shetty College of science , commerce , arts and management studies
79. Ms. Anjali Balkrishna Ambre - S.M. Shetty High School & Jr. College
80. KUNAL SAMPATLAL BHANDARI - SM SHETTY COLLEGE
81. Anuja ramakant gajinkar - Bunts sangha's college of science commerce and management
82. Usha Shetty - Bunts Sangha's S M Shetty School and Jr.College
83. Lisa John Dsouza - Bunts sangha sm shetty college
84. Ms. Vrinda Soman - Bunts Sangha's S. M. Shetty College Of Science Commerce and Management Studies
85. Mrs. Reshma More - Patuck Jr. College
86. Uday Vedak - S.M. Shetty High School and Jr college
87. Purna Mahendra Raut - S. M. Shetty Powai
88. Sakshi Poojary - Bunts Sangha S.M Shetty College
89. Nishant Maurya - SKM JASHBHAI MAGANBHAI PATEL COLLEGE OF COMMERCE
90. Mrs Ritu Singh - SM Shetty high school and Junior college
91. SURENDRA LAXMI DINANATH PIMPALE - BUNTS SANGHA'S S. M. SHETTY HIGH SCHOOL & Jr.COLLEGE
92. Mastr. Swaminathan G Iyer - Bunts Sangha's SM Shetty College of Arts, Commerce and Management Studies
93. Laxmi Vijendra Mourya - J.M Patel College of Commerce
94. Dhiraj krishna moolya - Sm shetty college
95. Ishan Salian - S. M. Shetty College of Science, Commerce and Management Studies, Powai
96. Mrs. Subadra Nararyanaswamy - S.M. Shetty High School & Junior College
97. Ayesha Khan - S M shetty college
98. Bandapalli sridhar naidu - Sri Ramakrishna degree College autonomous




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99. Mishra Anchal Ganga Prasad - S.M. Shetty College
100. Vishwakarma Suraj Raj kumar - J.M patel College
101. Shaikh Alfiya Haroon - Sm shetty college
102. Deepthika Pillai - S.M.ShettyCollege,Powai
103. Pradnya Vishnu raundale - J m patel
104. Snehal Rai - S.M. Shetty College
105. SAH SAURABH PRAMOD - Valia C.L. College of commerce
106. Jaya Gangadhar sarkate - J. M. Patel college
107. Akshata Pilke - J.M.Patel college
108. Tejasvi Parab - SIES College of Arts, Science and Commerce (Autonomous)
109. Mr. SUNDAR GAJENGI - S.I.E.S College of Arts , Science & Commerce
(Autonomous) , Sion (W)
110. Jeshma Mahesh Shetty - SM Shetty college Powai
111. ATUL NARESH SAKPAL - Ismail yusuf college
112. Yadav Anil Rampal - JM patel college commerce
113. Vinay Ganji - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
(AUTONOMOUS)
114. Anandhu Suresh - SIES college of arts commerce and science
115. Nitu Chouhan - SIES college of arts science and commerce
116. Avani Ramesh Waghela - Sm Shetty
117. Nikita shetty - Sm shetty
118. Shravan Shetty - SM SHETTY HIGH SCHOOL AND JR. CLG




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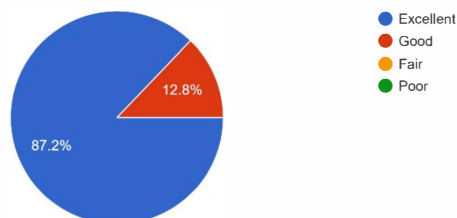
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**BUNTS SANGHA'S
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Feedback Analysis: Webinar on Yoga with Dr. Kush Panchal

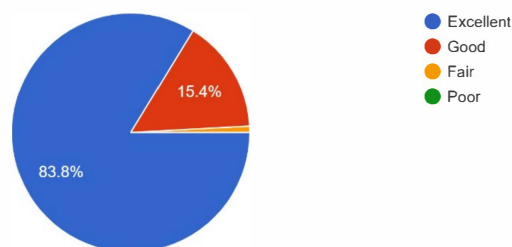
How do you rate the theme of the webinar?

117 responses

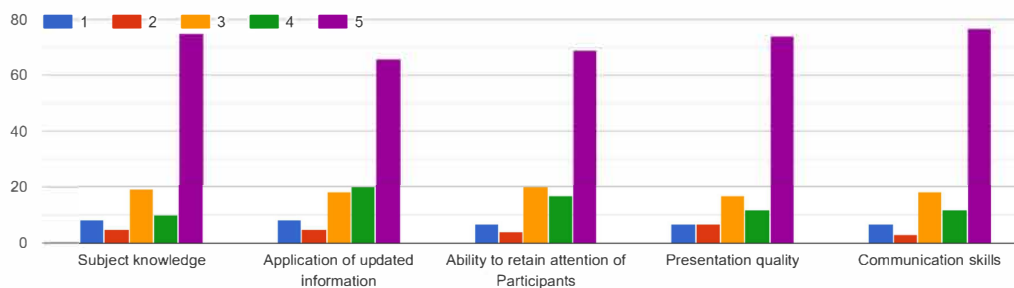


How did you find the content of the session

117 responses



Dr. Kush Panchal (1-lowest, 5- highest)

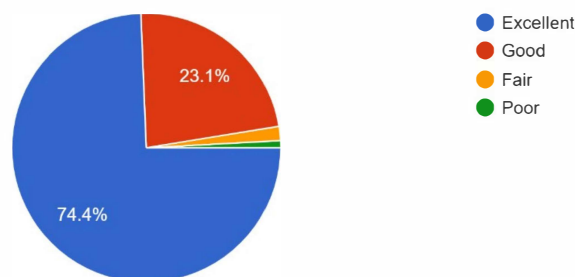


Kush Panchal
PRINCIPAL

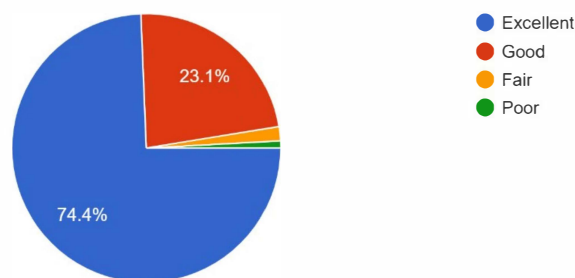
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**BUNTS SANGHA'S
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Please rate your overall knowledge level about the topic covered AFTER ATTENDING the session
117 responses



Please rate your overall knowledge level about the topic covered AFTER ATTENDING the session
117 responses



NSS Programme Officer

NSS Programme Officer



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**BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI**

Report: Webinar on Yoga with Dr. Kush Panchal

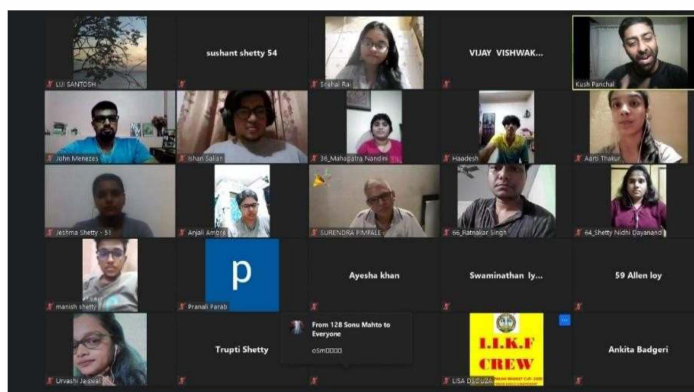
Event: Webinar on Yoga with Dr. Kush Panchal

Date: 26th September, 2020.

Objective: It will create awareness about how yoga can help to keep ourselves fit.

Highlight: The NSS Unit of S. M. SHETTY COLLEGE had organized a fitness Webinar on 26th September, 2020 to celebrate **FIT INDIA MOVEMENT**.

In accordance with the Fit India Movement initiated by the Government of India The NSS Unit of Bunts Sangha's SM Shetty College of Science, Commerce and Management studies had held an intercollegiate "YOGA" webinar on 26th September 2020 at 6:00pm. The session was guided by Dr. Kush Panchal International Yoga Trainer. There 180 people participated in the intercollegiate yoga webinar.



Virtually yoga performed by Participants

Vijay Krishnakumar

NSS Programme Officer

John Panchal

NSS Programme Officer



Principal
PRINCIPAL

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Certificate Sample: Webinar on Yoga with Dr. Kush Panchal



Vijay Krishnaswamy

NSS Programme Officer

John Panchal

NSS Programme Officer



[Signature]
PRINCIPAL

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