



BUNTS SANGHA'S

**S.M.SHETTY COLLEGE OF SCIENCE, COMMERCE &  
MANAGEMENT STUDIES**

## **Criterion No. : 3**

### **3.5.1**

*Number of MoUs, collaborations / linkages for Faculty exchange, Student exchange, internship, field trip, on-the-job training, research and other academic activities during the last five years*



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## **Faculty Exchange Programme in Collaboration with **Paddling Foundation****



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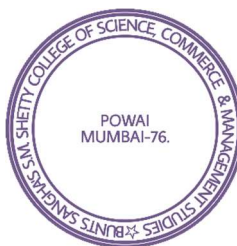
**S.M.SHETTY COLLEGE OF SCIENCE, COMMERCE &  
MANAGEMENT STUDIES**

# **LETTER OF COLLABORATION FOR THE YEAR 2021-22**

**Dr. Sridhara Shetty  
PRINCIPAL**

PRINCIPAL

Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org



## Letter of Collaboration

August 26, 2021

**Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai and Menstrual Educator of Paddling Foundation** have jointly agreed to conduct a national webinar to increase awareness among adolescent girls & boys on Menstrual Hygiene. As per the discussion between Health Club of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai and Menstrual Educator of Paddling Foundation both have decided to conduct a National Webinar that aims to break the silence, raise awareness and change negative social norms surrounding menstrual hygiene.

### Details of Activity:

A National Webinar on Disseminating the message of menstruation & How to use art as a medium to help menstruators and non-menstruators to view this process from a positive lens organized by Health Club in association with Menstrual Educator of Paddling Foundation in order to educate young adolescent girls & boys on Menstrual Hygiene that will be conducted on 4th October\* 2021 on zoom platform.

The target audience for this webinar will be all undergraduate and postgraduate students.

### Validity and Discontinuity of Agreement:


Both the parties will inform each other about all the communications related to this webinar.

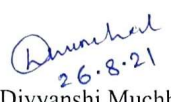
The collaboration is valid for the year 2021-22.

This collaboration document was unanimously approved by representatives of Health Club of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai and Menstrual Educator of Paddling Foundation

For  
**Bunts Sangha's SM Shetty College  
of Science, Commerce and  
Management Studies, Powai**

For  
**Paddling Foundation**

  
Dr. Sridhar Shetty  
Principal 26.8.2021  
PRINCIPAL  
Bunts Sangha's S. M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai - 400 076.

  
Divyanshi Muchhal  
Menstrual Educator of Paddling Foundation



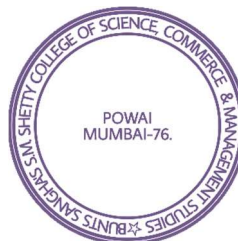


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## **DETAILS OF THE ACTIVITY FOR THE YEAR 2021-22**

**Dr. Sridhara Shetty  
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## S.M.SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT STUDIES

### Notice

**Date: 3/10/2021**

"Don't wait for a girl to become a woman to empower them. Empower a girl's life by giving sanitary pads to them. With pads, we give them wings." 🌸

Hello Everyone!

Warm Greetings from the

Menstrual Educator of Paddling Foundation Collaborating 🧡 with Health Club of Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai 🏢 is conducting a National Webinar 🎧

Topic: Disseminating the message of menstruation 🩸 & How to use art 🎨 as a medium to help menstruators and non-menstruators to view this process from a positive lens 😊

For : All UG & PG Students

Webinar Link :

<https://us02web.zoom.us/j/88936108792?pwd=RVpkQ2JJRWlsS0FzVnZsSCtRazBLdz09>

📅 : 4th October, 2021.

🕒 : 04:00 pm to 5:00 pm.

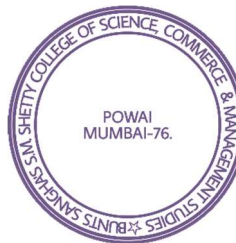
Students attending the webinar will be receiving 🌟 e-CERTIFICATE 🌟 in their

mail. For any queries, contact at :

Asst. Prof. Himani Shukla

[himanis@smshettyinstitute.org](mailto:himanis@smshettyinstitute.org)

**Dr. Sridhara Shetty**  
**PRINCIPAL**



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**BUNTS SANGHA'S**  
**S.M.SHETTY COLLEGE OF SCIENCE, COMMERCE &**  
**MANAGEMENT STUDIES**

**Backdrop**

 Bunts Sangha's  
S.M.Shetty College of Science, Commerce & Management Studies,  
Powai, Mumbai - 400076.  
( Affiliated to University of Mumbai )  
NAAC Accredited 'A' Grade  
IMC RBNQ Certificate of Merit 2019  
ISO 21001:2018 Certified



**Health Club**  
In collaboration with  
**Paddling Foundation**  
Presents  
National Webinar  
On  
**" Menstrual Hygiene "**  
4<sup>th</sup> October, 2021 ( 4:00 - 5:00 pm)

Resource Person : Ms. Rashmi Balakrishnan & Ms. Ashwati Nair

**Certificate**

 Bunts Sangha's  
S.M.Shetty College of Science, Commerce and Management Studies, Powai  
(Affiliated to University of Mumbai)  
NAAC Accredited 'A' Grade  
IMC RBNQ Certificate of Merit 2019  
ISO 21001:2018 Certified



**Certificate of Participation**

This is to certify that Anita Charles of S.M. Shetty College has participated in the National webinar on "Menstrual Hygiene" organized by the Health Club in collaboration with Paddling Foundation on 4th October, 2021

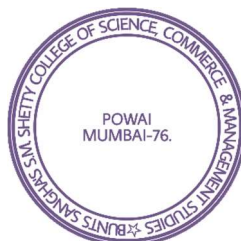
 Asst.Prof.Himani Shukla Health Club In-charge	 Asst.Prof. Sandesha Shetty Vice Principal	 Dr. Liji Santosh Vice Principal	 Dr. Sridhara Shetty Principal
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**Dr. Sridhara Shetty**  
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## **Report Disseminating the message of menstruation**

**Organized by:** Health Club in collaboration with Paddling Foundation.

**Event Topic:** Disseminating the message of menstruation & How to use art as a medium to help menstruators and non-menstruators to view this process from a positive lens

**Date:** (Monday) 4th October , 2021

**Timing:** 4:00 pm onwards

**Venue:** Zoom

**Scope:** Students

**Resource Person:** Ms. Rashmi Balakrishnan & Ms. Ashwati Nair (Paddling Foundation )

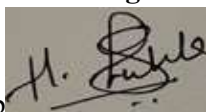
**Total Count:** 52 - 34 Females & 18 Males.

**Objective:** Aims to break the silence, raise awareness and change negative social norms surrounding menstrual hygiene.

### **Highlights:**

The webinar started with a welcome address by Asst.Prof.Himani Shukla about the event. both the resource person were introduced by Ms. Kinjal Shetty student member of FYBSc.IT. The event covered topics like how menstrual occurs, use of sanitary napkins, tampons, menstrual cups & their differentiation. Application available in the market to track the periods date & time. Resource person received more than 50 questions from the students & were answered satisfactorily. Students demanded to keep more such sessions for their benefit. The event was concluded with the vote of thanks given by Asst.Prof. Utkarsh Kapadia (Member of Health Club). The entire technical part was handled by Asst.Prof. Vinay Vilas Shahapurkar (Member of Health Club).

**Health Club In-charge:**

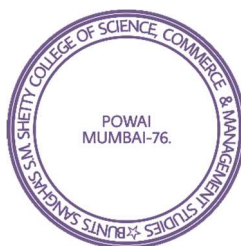
Health Club 



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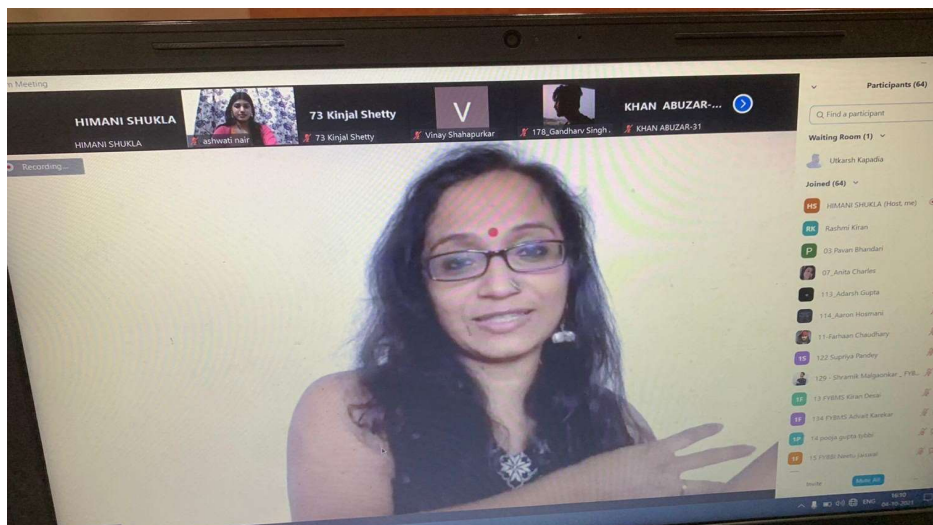




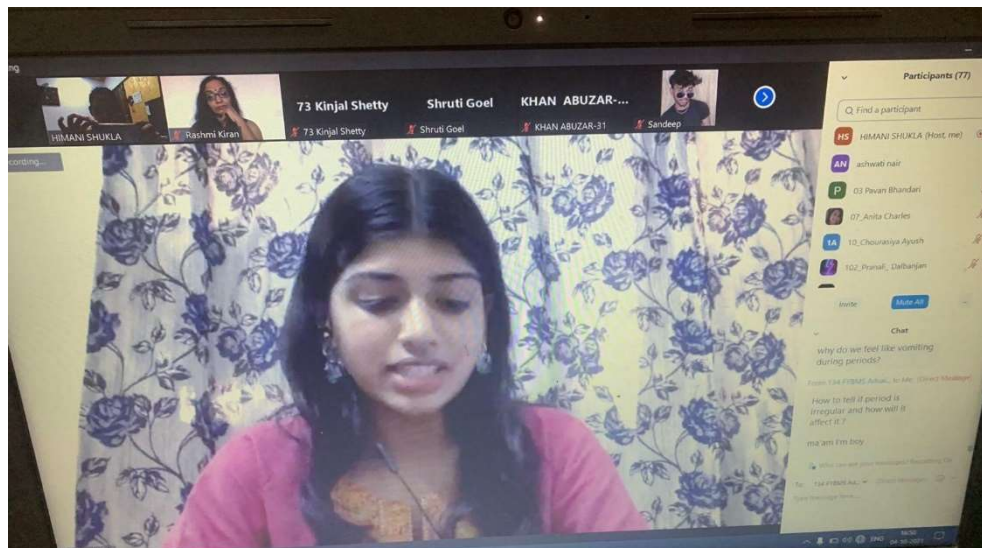


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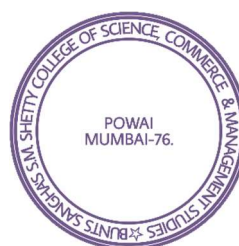
### Pictures



Resource persons Ms. Rashmi and Ms. Ashwati explaining about the topic Menstruation



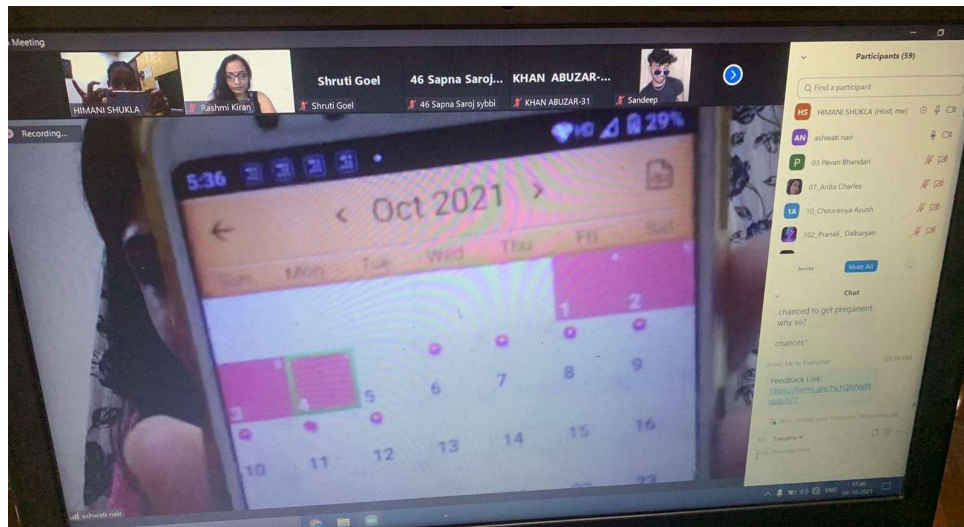
Dr. Sridhara Shetty  
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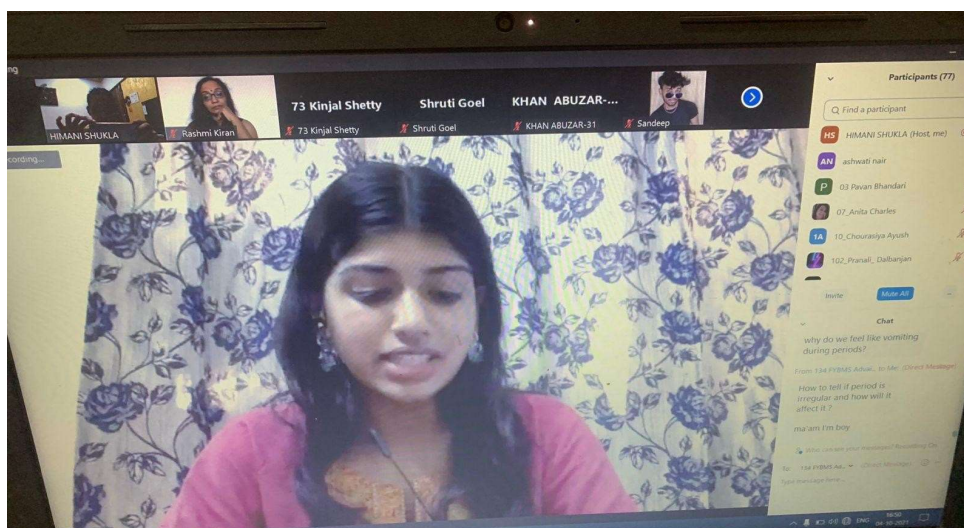
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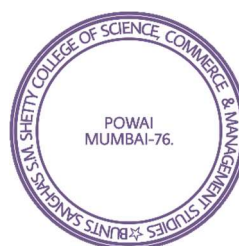
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Explanation on how to track the menstrual cycle by the resource person



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### Participant List

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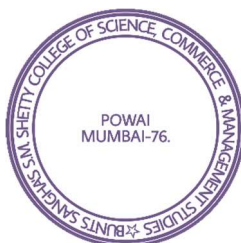


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