

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Activity Approval Format

Date: 27th September, 2021

Program: ONLINE SURYANAMASKAAR COMPETITION

Need: To make students realise the importance of physical and mental fitness.

Objective: To keep the body and mind fit of students during the period of pandemic.

Content: Video was received from all the participants

On: 6th October 2021

Timing: From 7:00am to 11:00pm

Platform- Google Form



Rohini Shetty
PHYSICAL EDUCATION
DIRECTOR

Proposed By: Prof. Rohini Shetty



Verified By: The Principal.



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Minutes of Meeting

Date: 29th September 2021.

Time:-12pm

An online meeting of all Sports Representatives was held on 27th September, 2021. Prof.Rohini Shetty addressed the gathering with the college sports representative Ms. Aarya Kaur and college Assistant sports representative Mr. Karthik Shetty.

Following points were discussed:-

- 1) Students were reminded that the Suryanamaskar competition to be held from 30th September.
- 2) Information about the plan and execution was provided to them.
- 3) They were told to bring maximum participation from their respective classes.
- 4) They were informed that there would be another meeting on 11th December regarding Online and Offline carrom competition.

**Attended by:-
representative**

- 1) Malvi
- 2) Shoaib
- 3) Isha
- 4) Kenin
- 5) Aryan
- 6) Chinmay
- 7) Vrushti
- 8) Komal
- 9) Shreyal
- 10) Aman
- 11) Supriya

College sports

- 1) Ms. Aarya Kaur
- 2) Mr. Karthik Shetty


Rohini Shetty
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Notice (Whatsapp Message)



PRINCIPAL
Bunts Sangha's S. M. Shetty College
of Science, Commerce & Management Studies
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Surya Namaskar: The Sacred Salutation in Yoga* ☐ · ♂ ☐ ·

The *Sports department* of Bunt's Sangha's S.M. Shetty College of Science, Commerce and Management studies, Powai, Mumbai is organising a **Surya namaskar Competition** for all the departments.

Surya namaskar - 1 minute video competition

For registration fill this link given below ↓ ☐

<https://docs.google.com/forms/d/e/1FAIpQLSfXpRW9NAWWibIDae6ubUZ3BpW78A9jQtz2eYaQxTluIUL9OA/viewform>

· *Rules and regulations will be posted on WhatsApp group*

· *The Event will be judged department wise and Top 3 participants will be announced winners*

Kindly join the WhatsApp group given below for rules and regulations:-

<https://chat.whatsapp.com/CELHO1f25clGpTxU0tH5Vw>

☐ The last date of joining whatsapp group - *Wednesday **29th September 2021***

So let us join the healthy journey

☐ The winners will get winners e-certificate

Regards,

The sports department ○

Report

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Event: Suryanamaskar competition

Date: Timing: 6th October

Venue: Online

Resource Person: Student Speakers

Scope: For participation of students

Objective: To keep the students' active and fit while they are home.

Highlights- The degree college students of all departments were invited to participate in the online suryanamaskar competition. The students were told to submit a 1 minute video of them performing suryanamaskar and the 3 best ones from each department were rewarded. The students actively participated in the competition giving their best. Mental fitness is just as important as physical fitness, and shouldn't be neglected. Total no.of students participated were 48.

List of Winners:

BOYS:-1st Place:-Maneeth Shetty-FYBMS A

2nd Place:-Yashraj Singh-FYBAF

3rd Place:-Pratik Gavas-FYBAF

Thanraj Nadar-FYBSCIT A

Karthik Shetty-FYBMS A

1st Place:-Saloni Waykar-FYBAF

2nd Place:-Kavya Agarwal-FYBAF

3rd Place:-Disha Lodha-FYBMS A

Backdrop

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Certificate



Pictures

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Students doing Suryanamaskar



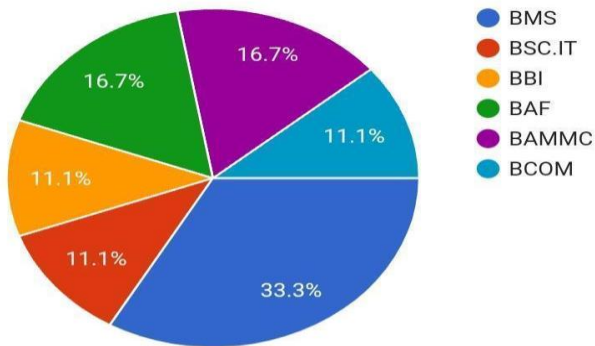
Feedback

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Class

18 responses

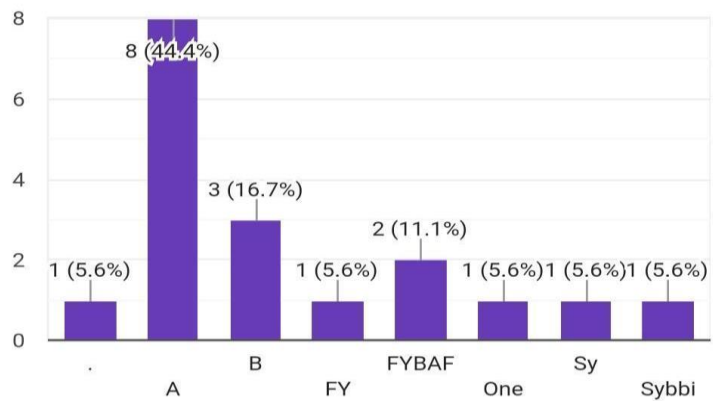
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Division

18 responses

 Copy



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Participation List:-

<https://docs.google.com/spreadsheets/d/19ofYWo2AFcM5b5R8izisUnTYLZo42BcxV7uWXg-18eQ/edit?usp=drivesdk>

Name	contact no.	class	stream
Sushanth Shetty	9987234232	FY	B.COM
Apeksha Anil Ningawale	9082662643		B.COM
SANDHU JASHANDEEP SINGH	9867295539	FY	B.COM
Manihar abdul karim abdul hai	9881650077		B.COM
Harshal Gumgaonkar	9757114764	FY	B.COM
Abdul Salam Abdul Bari Manihar	9029605552		B.COM
Dimple Suresh Gungaliya	8070701348	FY	B.COM
HARISHWAR ANURUDH CHAUHAN	7021059528		B.COM
Anchal Singh	9321525969	FY	B.COM
Mane Komal Vilas	9588621437		B.COM
Guddu suresh yadav	8108704556	FY	B.COM
Shaikh Aman Shafik		SY	B.COM
Arpit Salunke	8268431711	FY	B.COM
Ashwini Nimble	8108336558	TY	B.COM
Altaf mustak solanki	9324345424	FY	B.COM
Ananya Gupta	9137611772	TY	B.COM
Shivkumar saravanan mudaliyar	8879119474	FY	B.COM
SALONI UTTAM WAYKAR	9867142149	FY	BAF
Pratik Gavas	9221827215	FY	BAF
Shital Singh	7506495692	TY	BAF



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Yashraj Singh	9987967980	FY	BAF
Hetvi Rampariya	9372527464	FY	BAF
Kavya Krishna Acharya	9082628326	FY	BAF
Sneha Radhakrishnan	8433880874	TY	BAMMC
Malti ratudi	7900151163	SY	BAMMC
Sumit jaiswar	7045878232	FY	BAMMC
Sanim Hawaldar	8433649146	SY	BAMMC
Sachin halli	9082671322	SY	BAMMC
Komal sandip bhosale	8433551515	FY	BAMMC
Pratham thakkar	9664151244	FY	BAMMC
Arham jain	9819029968	FY	BMS
Atharva Manohar Amin	7045235440	FY	BMS
Karthik Ganesh Poojary	9082930432	FY	BMS
Karthik Shetty	9136706227	FY	BMS
Rifa Mulla	9987630915	FY	BMS
Malvi maker	8097863704	TY	BMS
Maneeth Ashok Shetty	8097667279	FY	BMS
Disha Rakesh Lodha	7304707354	FY	BMS
Janvi Bhanushali	9004717071	FY	BMS
Atharva Kamat	9075484854	FY	
Aman Mishra	9326157743	FY	BBI
Kanojiya Vandana kadeprasad	8879003132	SY	BBI
Alisha Mukesh Salunkhe	7208156880	FY	BBI
Karthik subramani konar	7304144548	FY	BBI
Sayyed Gulnaaz	8898050357	FY	BBI
Nidhi yadav	9325815152	SY	BBI
Disha Dinesh Shetty	9920498147	FY	BBI
Somya Yadav	7565904386	TY	BBI



Action Taken Report

<u>Date & Time</u>	<u>Feedback Received</u>	<u>Conclusion</u>
07 th October, 2022	<ul style="list-style-type: none">Students were overwhelmed with the event and expressed that they would be eagerly waiting to be part of such events	<ul style="list-style-type: none">Sports department shall organise more such events and encourage participation from more such students.



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