

**Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies,Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019**

Activity Approval Format

Date: 21st September,2020

Program: CALISTHENICS 2020

Need:- Online platform

Objective: To identify the students with the best body physique

Content: Online Competition

On: 30th September, 2020

Timing: 11:00am Onwards

Venue: Resource Person:


Rohini Shetty
PHYSICAL EDUCATION
DIRECTOR

Proposed By: Prof. Rohini Shetty



Verified By: The Principal.



PRINCIPAL
Bunts Sangha's S. M. Shetty College
of Science, Commerce & Management Studies
Powai, Mumbai - 400 076,
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Minutes of Meeting

Date: 30th September, 2020

Time:-12 pm

An online meeting of all Sports Representatives was held on 30th September,2020 .Prof.Rohini Shetty addressed the gathering with the college sports representative Mr. Karan Shetkar and college Assistant sports representative Ms. Supriya Maurya.

Following points were discussed:-

- 1.The SR's were reminded that the **Online CALISTHENICS competition** will be held on 30th September 2020.
2. They were told to bring maximum Participants from their respective classes
3. Sr's were told to give a briefing about the importance of sports in their classes for participation.
4. They were also briefed about the upcoming Sports Events which were going to be conducted.

Attendance:-

Representative:-

1. Malvi
2. Shoaib
3. Kenin
4. Aryan
5. Chinmay
6. Vrushti
7. Komal
8. Shreyal
9. Aman
10. Supriya

College sports

- 1) Mr. Karan Shetkar
- 2) Ms. Supriya Maurya


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Notice (Whatsapp Message)

Warm Greetings to all!

THE SPORTS DEPARTMENT of Bunts Sangha's S.M Shetty College of Science, Commerce and Management Studies, Powai .

Is organizing Online Sports Week for our Students (Intra-Collegiate Event).

Various Sport & Games will be conducted as follows:

Day 1- Yoga Competition

Day 2- Physique Competition

Day 3- Football Freestyle

Day 4- Calisthenics Competition

Day 5- Chess

Day 6- Carrom

Register by joining the links below before 2nd September, 2020

E-certificates will be provided to all the Winners.

All the rules and regulations will be provided to you once you join the WhatsApp groups of particular events.

Also google form registration link for particular events will be sent on WhatsApp group of respective events.

Calisthenics Competition (Boys)

<https://chat.whatsapp.com/DfuCID7aIMD68ZP37vEJ9T>

Calisthenics Competition (Girls) <https://chat.whatsapp.com/LIBj2ufEFzXAM7oISzwW2s>

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Report

Event: CALISTHENICS Video Competition

Date: Timing: 30th September 2020 11:00am onwards

Venue:-Online Platform

Resource Person: Student Speakers

Scope:To make the students realise the importance of physical fitness

Objective:- To inculcate a sense of sportsman spirit in students

Highlights- **CALISTHENICS competition** is a class of physique Fitness-exhibition competition for the male students of our college organised by the Sports Department. Registrations were invited through google form and interested students were asked to upload their body physique image on the given form. The students with the best body physique were selected in the form of winners. The event concluded on a positive note with positive feedback from the students. Total no.of students participated were 37.

List of Winners:-

1st Place:- Siddharth Chauhan- FYBMS-B
2nd place:- Pratham Kotian - FYBCOM-A
3rd Place:- Kaustubh Shetty- FYBMS-A

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Backdrop




Criterion 5 Student Support & Progression




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Certificate





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ISO 9001:2015 CERTIFIED




CERTIFICATE OF APPRECIATION

*This is to certify that Siddharth Chauhan of
class FYBMS (B) has secured 1st position in the
Intra-Collegiate Calisthenics (Boys) Event in
"Intra Class Calisthenics Competition" held in the month of
October, 2020.*


Rohini Shetty
Physical Education
Director


Prof. Sandesha Shetty
Vice Principal


Dr. Liji Santosh
Vice Principal


Dr. Sridhara Shetty
Principal

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Pictures



1st Place:- Siddharth Chauhan



2nd Place:- Pratham Kotian

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Participation List:-

Gaurav	Sybms A
Kunal shetty	Fybms b
Kaustubh Shetty	FYBMS A
Siddharth chauhan	Fybms -B
Karan Shetkar	SYBAF
Pradhum Vats	FYB.sc(IT) A
Gandharv Dharmendra Singh	FYBscIT-B
Sanim hawaldar	FYBAMMC
Pratham kotian	Fy bcom A
Ronith Dmello	FY B. Com
Sayyed Rehan Riyazuddin	Fyb.com A
Nikita Suthar	Fybscit B
Sakshi Poojary	Fy BMS b
Dolcee Shah	FYBAMMC
Yashoda mudrasi	FYBcom B

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Action Taken Report

<u>Date & Time</u>	<u>Feedback Received</u>	<u>Conclusion</u>
01/10/2020	<ul style="list-style-type: none"> Students enjoyed the event exhibiting their calisthenics in various unique ways. They have shared a positive remark on being a part of more such events. 	<ul style="list-style-type: none"> Sports Department to plan more innovative and unique sports games to make students explore their sportsman spirit


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