

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Activity Approval Format

Date: 18/01/2023.

Program: Interactive session on 'Beautiful minds for beautiful lives'.

Need: To let students understand the importance of mental wellbeing and help them find ways to deal with mental issues.

Objective: Understand the importance of mental wellness and find ways to tackle mental depressions and trauma.

Content: Interactive session on 'Beautiful minds for beautiful lives'

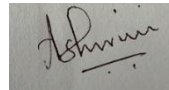
On: Friday, 13th January 2023

Timing: 12:30 -1:30 pm

Venue: 808

Resource Person: Students of SYBMS A

Proposed By: Asst.Prof.Ashwini Devadiga



Verified By:



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Minutes of Meeting

10th January, 2023.

Meeting was held on 10th January, 2023 Tuesday through WhatsApp chat.

Discussed on the format of the event and allocation of tasks to the student committee members of WDC.

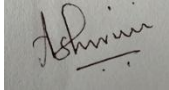
Members Present:

CA Zainab Rangwala (Convenor)

Adv Jyoti Sharma

Ms. Himani Shukla

Ms. Ashwini Devadiga



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Notice

Women Development Cell (WDC) of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai ☐

Invites you For a Session On “Beautiful minds for beautiful lives” ☐

Venue ☐: 808

Date ☐: 13th January 2023 (Friday)

Time ☐: 12:30 pm

Resource Person ☐☐: Students of SYBMS A

For Queries, Kindly Contact ☐

Konika Bhandari- 9930939106

**In case of any queries kindly E-Mail☐ us at:*
wdc@smsheettycollege.edu.in***

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Report

Event: Interactive session on 'Beautiful minds for beautiful lives'.

Date: Friday 13th January, 2023

Timing: 12:30-1:30 pm

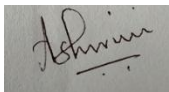
Venue: 808

Resource Person: Student Speakers

Scope: College Level

Objective: Understand the importance of mental wellness and find ways to tackle mental depressions and trauma.

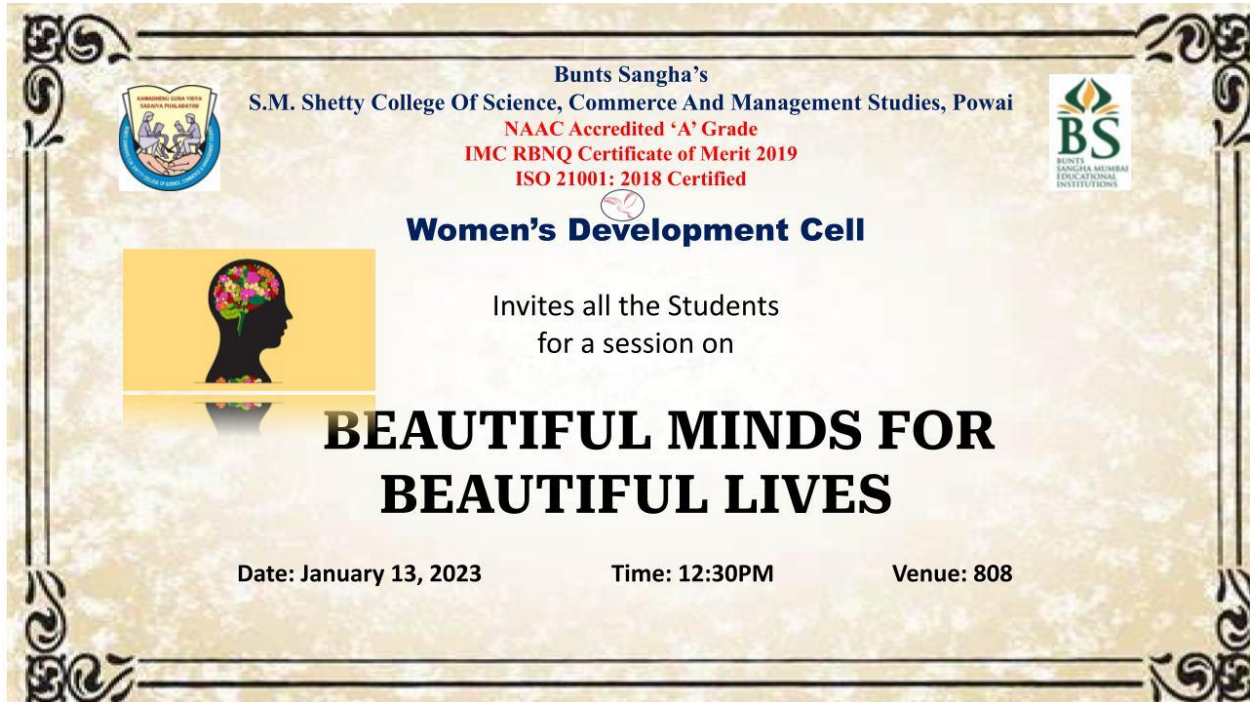
Highlights- The event commenced with the warm welcome and introduction of the resource persons. It was then taken over by the resource persons. She began the session by instigating views and ideas from students on various concepts relating to mental well-being. The session was very interactive and students were given diverse ways of tackling mental issues and trauma. The students enjoyed the session and were constantly responding to the speaker's questions on the chat box. They enjoyed the session and expressed gratitude to the speaker for such a wonderful session. The session was attended by more than 50 students. After a formal vote of thanks by Asst. Prof. Ashwini Devadiga, the session then concluded on a formal note.



Prof. Ashwini Devadiga

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

BROCHURE



The brochure is framed with a decorative border. It features the college's logo on the left and the Bunts Sangha Mumbai Educational Institutions logo on the right. The central text is arranged in a clear, hierarchical manner, starting with the college name and accreditation details, followed by the event title and a descriptive sentence. The event title is in large, bold, black letters. At the bottom, the date, time, and venue are listed in a simple, readable font. A central image of a woman's head with flowers inside is positioned to the left of the main title.

Bunts Sangha's
S.M. Shetty College Of Science, Commerce And Management Studies, Powai
NAAC Accredited 'A' Grade
IMC RBNQ Certificate of Merit 2019
ISO 21001: 2018 Certified

Women's Development Cell

Invites all the Students
for a session on

**BEAUTIFUL MINDS FOR
BEAUTIFUL LIVES**

Date: January 13, 2023 Time: 12:30PM Venue: 808

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Pictures



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Attendance

Email Address	Name of the Participant	College Name	Gender
monishmoolya.r@gmail.com	Monish Ratnakar Moolya	Smshtetty	Male
shrutishetty471@gmail.com	Shruti shetty	S.M Shetty college	Female
bhandarikhushbu7@gmail.com	Khushbu Bhandari	Sm shetty	Female
mallikapoojary36@gmail.com	Mallika Poojary	SM SHETTY COLLEGE	Female
aminatharva20@gmail.com	Atharva Manohar Amin	S m shetty college	Male
vkolte104@gmail.com	Vrushali Raj Kolte	S.M.Shetty College	Female
0812siddhi@gmail.com	RASAM SIDDHI RAJESH	BUNTS SANGHA'S SM SHETTY COLLEGE OF SCIENCE COMMERCE AND MANAGEMENT STUDIES	Female
joanegonsalves65@gmail.com	Joanne Gonsalves	S M Shetty High School And Junior College	Female
dishalodha20@gmail.com	Disha Rakesh Lodha	S.M. Shetty College	Female
khankaif392003@gmail.com	Kaif ahsan khan	S.M.SHETTY COLLEGE powai.	Male
monteriodanica@gmail.com	Danica Monterio	Sm Shetty	Female
21kirti87@gmail.com	Kirti Singh	S.M.Shetty College	Female
khushisalian7@gmail.com	Shubhalaxmi salian	S.M Shetty College	Female
kirandesai0424@gmail.com	Kiran Ladu Desai	Bunts Sangha's SM Sheety college	Female
sreya.s3b@gmail.com	Sreya Suresh	SM Shetty College	Female
kt340985@gmail.com	Krishna Tiwari	SM SHETTY	Female
kanojiashweta2001@gmail.com	Shweta Kanojia	S.M Shetty college of science commerce and management studies	Female

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

khanshabazns@gmail.com	Khan shabaz nasir	Sm shetty	Male
tpsc2909@gmail.com	Tushar Premshankar Chaurasiya	Sm shetty College of management studies	Male
karissaribeiro@gmail.com	Karissa Ribeiro	Sm shetty college	Female
smsdegbcom1606849varsha@smsshettyinstitute.org	Varsha jain	Sm Shetty college of science, commerce and management studies	Female
ronithdmello@gmail.com	Ronith Dmello	S.M Shetty	Male
aadiranaik2003@gmail.com	Aadira Babu Naik	S.M.shetty college of science, commerce & management studies,powai	Female
amitnishad291@gmail.com	Amrutlal nishad	Sm shetty	Male
smsdegfybms3084608janvi@smsshettyinstitute.org	Janvi Bhanushali	SM Shetty Powai	Female
dishitauchil@gmail.com	Dishita Ramesh Uchil	Sm shetty college	Female
gowdarenuka03@gmail.com	Gowda renuka	Sybcom B	Female
yeshavasa123@gmail.com	Vasa Yesha Tejas	SM Shetty	Female
gowdarenuka03@gmail.com	Gowda renuka	Sybcom B	Female
jainarham434@gmail.com	Jain Arham Rajesh Kumar	S M Shetty	Male
kashishgupta3104@gmail.com	Kashish Ghanshyam Gupta	Sm Shetty	Female
veeralpatel20@gmail.com	Veeral Mahadev Patel	SM SHETTY COLLEGE	Male
mnandita112@gmail.com	Nandita Mishra	Bunt Sangha's sm Shetty college	Female
maneethshetty22@gmail.com	Maneeth Kumar ashok shetty	SM shetty	Male
ashwinid@smsshettyinstitute.org	Ashwini Devadiga	SM Shetty	Female

Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

smsdegbcom2441261nishita@smsshettyinstitute.org	Tamrakar Nishita Suraj	Bunts Sangha's Sm Shetty College	Female
aminatharva20@gmail.com	Atharva Amin	S m shetty college	Male
monishmoolya.r@gmail.com	Monish Ratnakar Moolya	Smsshetty	Male
rishabhkothari411@gmail.com	Rishabh Kothari	Sm Shetty college	Male
salonimaliwal150501@gmail.com	Saloni Maliwal	S.M. Shetty College, Powai.	Female
bagweshubham147@gmail.com	Shubham Bagwe	SM shetty college	Male
shaikhdilawar472@gmail.com	Dilawar Shaikh	Sm shetty	Male
risikajadhav26@gmail.com	Risika parshuram jadhav	Sm Shetty college	Female
rathinsawant@gmail.com	Rathin Sawant	S.M Shetty College of Science, Commerce & Management Studies, Powai	Male
krishnaupadhyay7112@gmail.com	Upadhyay krishnakumar Ajay	SM Shetty	Male
shoaibsid2858@gmail.com	Shoaib Siddiqui	Bunts Sangha's S.M. Shetty College, Powai	Male
jishnushetty20@gmail.com	Jishnu Shetty	Sm.shetty	Male
renugtm771@gmail.com	Renu Gautam	Bunts sangha's s.m shetty college	Female
SONII7244@GMAIL.COM	ISHA RAJESH SONI	S.M Shetty College Powai	Female
omdalvi651@gmail.com	om dalvi	Sm shetty	Male
zainab.rangwala@gmail.com	CA Zainab Rangwala	S. M Shetty College of Science, Commerce and Management studies	Female
smsdegbcom259246nutan@smsshettyinstitute.org	Nutan rajbhar	Sm Shetty powai college	Female

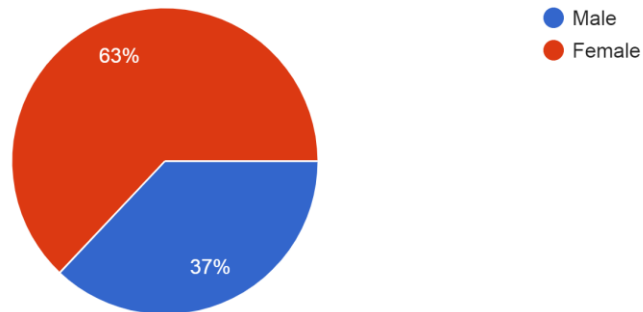
Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

smsdegbcom259246n utan@smsshettyinstitute. org	Nutan rajbhar	Sm Shetty powai college	Female
patelbhaveshwari14@g mail.com	Patel Bhaveshwari Mahendrabhai	S M SHETTY COLLEGE OF SCIENCE COMMERCE and MANAGEMENT STUDIES	Female

Feedback Analysis

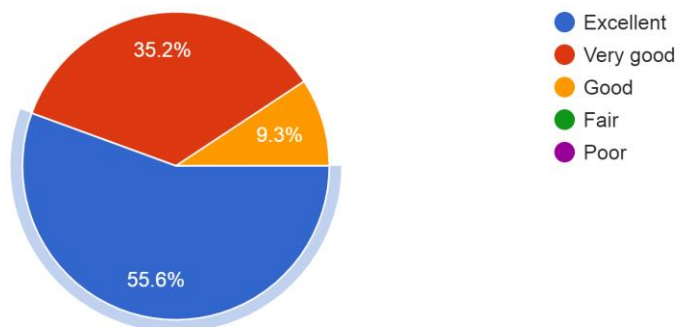
Gender

54 responses



How did you find the content of the session ?

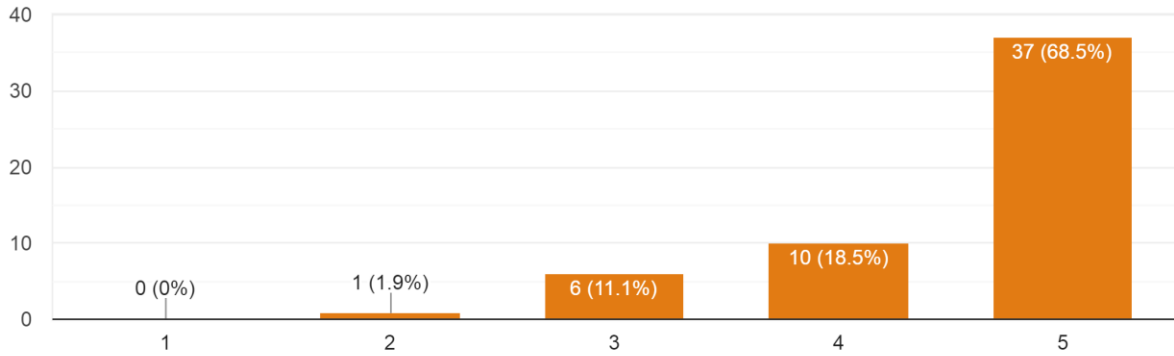
54 responses



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

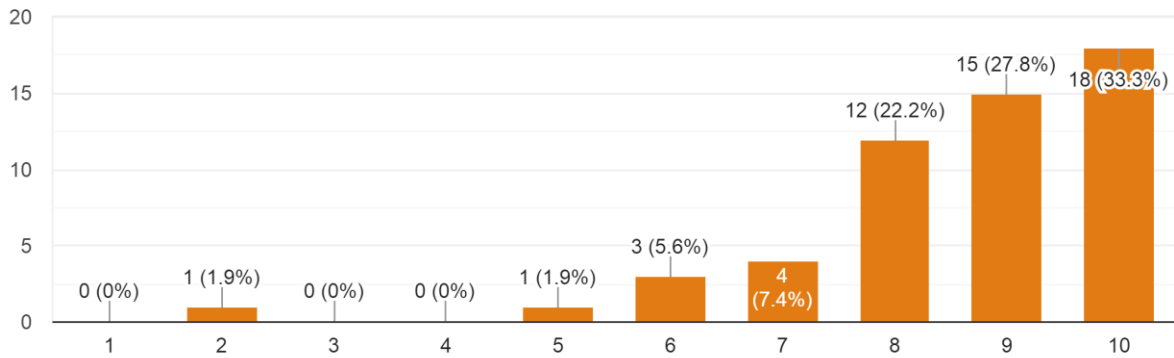
Please rate the resource person on Subject Knowledge .

54 responses



Please rate your overall knowledge level about the topic covered after attending the session.

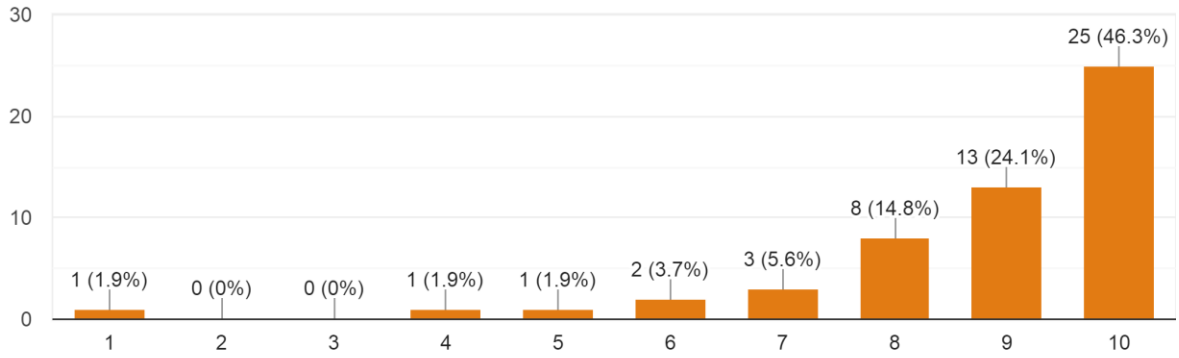
54 responses



Bunts Sangha's
S.M.Shetty College of Science, Commerce & Management Studies, Powai.
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Rate the session - Reset Your Mind.

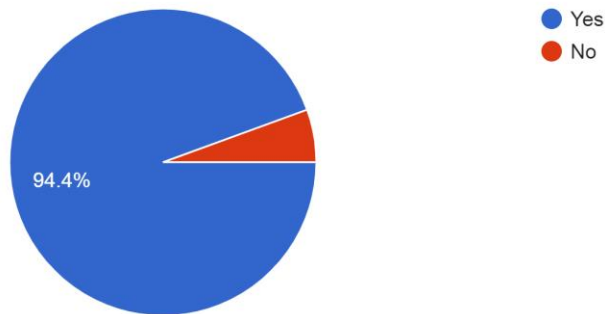
54 responses



Action Taken Report

Do you wish to attain such session in future

54 responses



<u>Date & Time</u>	<u>Feedback Received</u>	<u>Conclusion</u>
17 th December, 2021	<ul style="list-style-type: none">Students expressed gratitude for organising this interactive session helping them reset their minds by eradicating negative thoughts and feelings and restoring it with positive thoughts and feelings.	<ul style="list-style-type: none">Plan to organize more such interactive sessions with Psychologists for helping them overcome mental stress and trauma and guide them through the importance of mental wellness

Prof. Ashwini Devadiga